2012 Iowa Veterans Home Spring Carnival

On Saturday, April 21 the Iowa Veterans Home held their annual Spring Carnival. The Iowa Chapter of Paralyzed Veterans of America attended again this year. In planning our participation, the Board of Directors attempted to come up with ideas for prizes to give out which would be entertaining to the residents as well as provide the potential to assist the residents financially. It was decided to hand out “Veterans Double-Doubler” Iowa lottery scratch off tickets.

The residents has a wonderful time with this. We handed out 166 tickets and of those $216.00 was won by the residents. Prizes ranged from $1 to $80.

The added bonus to this idea is that since July 2008, a portion of lottery proceeds have been dedicated to the Iowa Veterans Trust Fund, where they are used to support our state's veterans. The proceeds from two instant-scratch games and two pull-tab games each year are directed into the Veterans Trust Fund. The Iowa Lottery estimates that the games will provide about $2 million to $3 million in proceeds annually for the Veterans Trust Fund. The Iowa Veterans Trust Fund was created to provide assistance to qualified veterans to help pay for expenses such as job training or college tuition assistance; some dental, vision and hearing assistance; and individual or family counseling programs.
A Message From The President

Jon R. Schneider

Application for 2012-2013 PVA Scholarships Program Now Available

By way of background for those new IPVA members who may not know about the scholarship program provided by the National Paralyzed Veterans of America, the scholarship program was founded in 1986. Since that time, they have awarded over $300,000 in scholarships. This program was originally devised to provide some financial reprieve for PVA members and their families so that they may achieve their goals in the academic arena. The result of this competitive process is a monetary scholarship to assist in reaching their post-secondary educational goals.

The purpose of the PVA Educational Scholarship Program is to provide assistance to PVA members and their immediate family members by providing scholarship funds to help with a post-secondary education. The 2012-2013 scholarships will be in the amount of $1000 for full-time students and $500 for part-time students for an academic year. The scholarship awardees will be required to verify their status as a full-time or part-time student in an accredited college or university.

The scholarship program is open to all PVA members, their spouses and unmarried children under the age of twenty-four, and who are dependents (as defined by the IRS) on the member for principal support. Individuals who wish to apply for the scholarship program can download the application at www.pva.org or request an application be mailed to them via phone (800) 424-8200 Ext. 776, or via e-mail christih@pva.org. Completed applications MUST be returned to PVA NO LATER THAN June 17, 2012. Accompanying documents will include an official transcript for EACH school listed in the application.

A personal statement must be attached to the application and may not exceed two pages. The statement should contain intended courses of study and long-and short–term goals A copy of the personal statement must be attached to each of the six copies submitted. A letter of recommendation from a faculty member or other school official should accompany the application. Letter should be forwarded directly to PVA for inclusion with the application.

DISCLAIMER

Back Talk and the Iowa Chapter of the Paralyzed Veterans of America neither endorses nor guarantees any of the products or services advertised. We are pleased that we can offer you information about products and services that are available, but we strongly urge you to investigate any company or product yourself prior to using such services or products.

Back Talk is a publication of the Iowa PVA and is meant to inform its readers of Chapter activities, legislation, and other matters of concern to veterans and/or members of the disability community. Any opinions expressed in any article is that of the author and may not reflect the beliefs or policies of the Iowa Chapter.
This past February I went on an eight day Caribbean Cruise. I had always thought about going on a cruise but never had the extra money to go. My grandfather, Glen Slate, who is a ninety year old World War II Veteran, decided he wanted to go on a cruise and take his neighbors, my brother and his wife, and my wife and I with him.

When we started looking at what cruise line to use we wanted to make sure that I would be able to get off at the ports we stopped at and that the ports we stopped at would be safe. The Western Caribbean Cruise Lines were stopping in Mexico and it was the only port out of three they stopped at that I could get off. We decided that stopping in Mexico was not a good idea because of all the problems Mexico has been having with the drug cartels. We heard on the news that at the same time we were on our cruise, twenty two passengers of another cruise line ship had stopped in Mexico and were robbed at gun point.

We agreed to take an Eastern Caribbean Cruise on the Royal Caribbean Cruise Line. Our ship was called the Navigator of the Seas which is only one of the ships from the Royal Caribbean Cruise Line. Our ship was scheduled to stop at St. Martins, St. Kitts, Puerto Rico, and Haiti. I would be able to get off at each port but found that I would have trouble getting around two of the islands. I had checked with the cruise line and they did not know of any wheelchair accessible vans to take us around St. Martins and St. Kitts. I was able to roll around part of the towns that were next to the port but could not move around the islands. In St. Martins there was one step to get into their stores. There were some ramps in a few stores but they were steep. If you wanted to buy anything, the store keepers were always willing to compromise on the prices of their goods. St. Kitts accessibility to the stores was a little better, but not much. This was a poor island which I think only made money when the ships ported there. I did meet a PVA member from Ohio on the ship and he has taken several cruises. I met him the first day when I got on the ship and I wished I would have talked to him more before we docked at St. Martins and St. Kitts. Remember I told you the cruise line said there were no accessible vans on these two islands. This PVA member told me that he had researched the islands and found accessible vans on both of the islands and was able to tour the entire islands. If you are going to take this cruise, I suggest you get on the internet and do as much research as you can. You will have no problem getting around in Puerto Rico but this is a short stop. When we arrived at Labadie, Haiti, we discovered this was the Royal Caribbean Cruise Line resort. The resort was very accessible and had the wheelchairs with the big wheels to get you on the beach. The ship actually closes down all their restaurants and feeds all the passengers at facilities on the island.

There was no where I could not go on the ship. Our stateroom was big enough to get around in my wheelchair and the restroom had a roll in shower. There were three restaurants to choose from and meals were included in your fee for the cruise. In the main dining room you ordered from a menu. The evening meals changed each night. The lunch menu probably changes each day too, but we only had lunch there once. The meals were very good no matter where you ate. If you were still hungry, you could always order more to eat. The Windjammer was like a buffet. They served anything you could want to eat and this restaurant was open longer than the main dining room. They told us that we would gain a pound and a half a day on the ship and I believe that is true. The third restaurant had pizza and sweets which we only ate at once since the other restaurants seemed to satisfy what we wanted. We did eat at Johnny’s Rocket, but you paid a one time fee and could have all you wanted. They had hamburgers, fries, and onion rings. I am not going to tell you all that I ate because I am sure my doctor is planning my diet after he reads this.

The weather was beautiful and if it did rain it was for only a short time. The temperature was in the 80’s and when we stopped in Haiti it got into the 90’s. I will have to say, I love Iowa, but that warm weather did feel good. I talked to the guest services on the ship and they told me that every one of their ships is designed the same way which would make them all accessible. The crew was very nice and you have the same waiters and stateroom attendant the whole trip. There are shows or something going on all the time, so there was no getting bored on this ship. If you decide to go on a cruise, I suggest you research it as much as possible.

On a different note, I recently visited the Minneapolis SCI Center for my annual evaluation. This is my third time going to the Minneapolis SCI Center. I was really contemplating just going every other year but after doing my annual this year I have changed my mind. Every year I learn something new about my health and know that it would be a mistake not to go every year. Even if you don’t learn something different every year, you will always get the best health care check up from the SCI Center.

National PVA has a Field Advisory Committee and a professional health care team that does site visits at the centers. They are making sure that are SCI and MS veterans are getting the best health care. They were doing a site visit when I was doing my annual this year. I talked to the Minnesota PVA Chapter President Tom Fjerstad after the site visit and he had told me that their site visit went very well. If you have a problem when you are doing your annual check up at the center, there is plenty of people that you can report your problem to. There is a National Service Officer (NSO) and the Minnesota Chapter of PVA is right down the hall from the SCI Center. You can also contact our NSO, Andrew Bernstrom here in Iowa or the IPVA office at 1-888-909-4782. I would highly recommend if you have never been to the SCI Center, then you should at least try it once.
Veterans VA And Emergency Care At Non VA Facilities

by
Anthony Steele, Acting Central Area Manager
National Service Office

There are times when a veteran is forced to seek care at a private non VA facility for an emergent issue or illness. The aftermath of an ambulance bill and fees for the service received from that hospital visit can be very extensive and wreak havoc on you financially. It may be that you cannot afford the bill and the debt and collectors are calling and the debt I reported to the credit bureau. This scenario does happen and is often a nightmare for those caught up in the system of trying to get the VA to assist with or pay for the care. The best way to avoid getting caught up in this type of situation is to know how you or your family should address the situation with VA immediately. Therefore, when or if you are faced with an emergency and you have to visit a private non VA facility for care, you should follow these steps:

- Contact your local or nearest VA Medical Center ASAP to inform them of your situation and what hospital you are seeking treatment.
- Provide them as much information on your situation and try to obtain authorization for the emergency visit.
- Try to obtain the name and position of the person you are speaking too and if possible request to speak with a supervisor or someone in Fee Basis.
- Be certain they make a note in the VA system/computer of your phone call and pursuing conversation.

If you as the veteran are unable to make this contact due to the nature of your situation, please have your spouse or other family member do it. If you cannot reach anyone at nearest VA then call this nation-wide telephone number for the VA at 1-877-222-8387. Remember, when you are receiving inpatient emergency medical care in non-VA facility, you are required to notify the VA within 72 hours of admission. You will need to provide the appropriate documentation with your claim:

**For Emergency Room visits not leading to admission:**
- HCFA Form UB92, UB04 or 1500 (Pink and White Original)
- Itemized billing statement from the facility
- Copy of the emergency room medical records

**For Emergency Room visits leading to hospital admission:**
- HCFA Form UB92 or UB04 (Pink and White Original)
- Itemized billing statement from the facility
- Copy of the emergency room medical records

**Ambulance service to Emergency Room:**
- HCFA Form 1500/UB92/UB04 (Pink and White Original)
- Copy of transportation log sheet

**All other providers:**
- HCFA Form 1500/UB92/UB04 (Pink and White Original)

You may also ask the vendor (hospital, physician, ambulance service, etc.) to send the documents directly to the VA. Please note that obtaining the above documentation from the non-VA vendor is your responsibility. Also, it is your responsibility to ensure VA receives the documentation. The VA has no legal authority to intercede with non-VA facilities on your behalf.

**WEBSITE!!!**

We now have our very own website up and running. There are still some changes that need to be made and some things that need to be added, but this is a start. Check us out at: www.iapva.org
We all are aware of the dangers of pressure sores. Our members, their caretakers, medical personnel and even those simply acquainted with individuals facing mobility challenges. We talk about them, we look for them, we hear about the dangers and yet, deep down, we do not believe it will happen to us.

I have a story to tell you.

One of our healthiest and most active members took a road trip last August. While in the restroom at a hotel, he simply “bumped” against the sink counter. It left a small “scuff” mark on his back side. Both he and his wife took care of this mark and even visited a VA clinic to acquire the proper medical supplies to treat this area to avoid the larger problem of having this turn into a pressure sore. Unfortunately, within about a weeks time, this area brokedown completely and he had a pressure sore that had progressed clear to the bone. In addition to the “scuff” he had experienced, unbeknownst to him or his wife, his wheelchair cushion had lost air during their trip. The pressure sore had apparently started somewhere below the surface and began to progress both to the bone and to the surface of the skin. The “scuff” just brought the problem to light.

This is when this healthy, strong man and his wife began their nightmare. It started with a two month stay at the Des Moines VA hospital in the CLC. He was confined to his bed, provided with a special mattress and endured wound debreememnt on virtually a daily basis. Their home is almost two hours way and not only was he away from home, but obviously his wife was without him and making almost daily trips to see him. If this wound care had been successful, the story would end here. But……… it was not successful.

After the two month stay in the Des Moines CLC, he was transferred to the SCI Center in Minneapolis. There he underwent a “flap” surgery. This procedure basically takes a slap of skin and flesh from another area of the patients body with better circulation (in this case an area above his waist) and applies it to the affected area. In many cases these surgeries require the patient to undergo a temporary colostomy to help avoid infection to the area. (Luckily, our member was able to avoid this additional surgical trauma.) Even though the “flap” surgery was successful, he still spent months in the hospital healing and continuing treatment.

This experience was not only a medical ordeal for he and his wife, but while he was receiving treatment, things were changing on the home front. A ceiling lift, new flooring, modifications to their home and a special bed and mattress were being brought in to care for him when he returned home. Everything they had known prior to this nasty sore had changed. He can only sit in his chair for a couple hours at a time now without lying down and relieving the pressure on the area. His level of care has increased significantly. Things he used to be able to do on his own now require assistance from his wife.

I guess the point I am trying to make is that this can happen to anyone. Not only is it life threatening, but it is life changing. Be careful, pay attention, and do everything available to you to prevent this from happening to you.

KIM

Send Us Your Email Address!!!!

In an effort to enter the computer age as well as reduce our newsletter expenses, we would like to provide your newsletter electronically. If you would like to receive your copy of Back Talk via email, please provide us with your email address. (See our contact information on Page 8.)
Wheelchair Basketball

Starting Thursday, May 26, Adaptive Sports Iowa began hosting weekly wheelchair Basketball pickup games in Ankeny. The games are held at the First Family Church located at 317 SE Magazine Road. The facility is reserved from 6-8 p.m. every Thursday night. Adaptive Sports Iowa will have six sports chairs on site. There is no cost to participate. Come out and enjoy the fun.

Reflections Over the Years………by Ellen M. Cloyed, LISW

My how fast time flies! In July of 1971 I was a new MSW Social Worker, green as they come, arriving at the VAMC for my first social work job. I worked in most every area of the medical center and boy, have there been changes over the years.

But the purpose of this message is to tell you that I will be retiring at the end of June 2012, after 41 years of service to veterans.

I want you all to know that the last 19 years have been the BEST, because I have had the privilege of working with Spinal Cord Veterans. I was appointed the SCI Coordinator in 1994 and shortly after came the big joint VA and PVA push to have SCI Primary Care Teams at all VAs. In 1996, the SCI Clinic in Iowa City started with six veterans and held clinic once a month. Now there are 171 veterans in SCI/D Clinic and we meet twice a week with two providers.

There have been many special events throughout the years in the SCI/D Clinic: we’ve put on SCI/PVA Open Houses, we’ve marched in the PVA Parade during the State Fair, the Castaway Fishing Event is now in its 11th year, the Event for caregivers has been ongoing since 2003 and has resulted in three poster presentations. I have had the privilege of working as a Team Leader at the Winter Sports Clinic in Colorado for the past 17 years and have been encouraging our Iowa PVA members to participate in these National Special Events.

It is with tears in my eyes that I say good-bye to all my friends in the SCI/D world. I have enjoyed working with you all and I will truly miss each of you.
Challenged Athletes Foundation's® (CAF) Operation Rebound® program is the premier sports and fitness program for American military personnel, veterans and first responders with permanent physical disabilities. It provides unparalleled opportunities to pursue active, athletic lifestyles by offering access to funding for equipment and training and competition expenses, Military Medical Center Physical Training (MMCPT) and sports clinics.

**Operation Rebound supports those who have served honorably through:**

- **Activity:** Operation Rebound funds equipment, training and travel expenses that can help our injured troops and first responders to harness the healing power of sport – whether the goal is to win Paralympic gold or just run around the block. *NOTE: This is a year-round program that is separate from CAF's Access for Athletes.*
- **Military Medical Center Physical Training (MMCPT)** which provides structured physical training program for active-duty service members recovering from permanent physical injuries at military medical centers. CAF works with resident prosthetists, recreational therapists, and medical hold unit commanders to provide opportunities for physical training that is in compliance with discrete rehabilitation programs and applicable military regulations.
- **Sports Clinics** are held throughout the year at military medical centers and other locations in the community. Expert coaches and CAF elite athletes provide instruction and mentorship to introduce beginner athletes to a range of sports including bicycling, handcycling, running, swimming, basketball and other sports.

**Eligibility:**

Participation in Operation Rebound is open to any U.S. veteran or first responder with a permanent physical disability who served honorably.

For questions please Operation Rebound Program Manager, Nico Marcolongo at 858.210.3525, or nico@challengedathletes.org.

---

**Long Love Cars Contest Giveaway**

Paralyzed Veterans of America in partnership with Shell/Pennzoil (a NASCAR sponsor) has launched a **Mission: ABLE** cause marketing campaign as a part of Pennzoil’s Long Love Cars Campaign. This two pronged campaign will involve 1.) The giveaway of a retro-fitted vehicle to three disabled veterans and 2.) In-store promotions with proceeds from the sale of Pennzoil motor oil will benefit the Paralyzed Veterans of America.

The contest was launched on April 2 and will run all summer long. We would encourage all disabled veterans to enter the Long Love Cars Contest Giveaway. Entries can be submitted online at [www.pva.org/longlovecars](http://www.pva.org/longlovecars)

All entries will be reviewed and six finalists will be determined around August 1, 2012. The remaining six finalists will be voted upon by the public to determine the three winners.

The contest will be opened to any honorably discharged veteran who needs a vehicle equipped with some form of mobility assistance for driving (excludes PVA staff and leadership – i.e. National Directors and Executive Committee Members) Please see contest rules (posted online) for full details on eligibility.

The first retail promotion will launch on May 1 in Dollar General Stores nationwide. Other retailers will carry the promotion throughout the year – stay tuned for exact locations and dates for these promotions.

For any questions regarding the campaign, please direct them to Nichole Krieger, Sr. Director Corporate and Direct Marketing at ext. 617 or send an email to LongLoveCars@pva.org.
IOWA CHAPTER
PARALYZED VETERANS OF AMERICA
3703 ½ DOUGLAS AVE. DES MOINES, IA 50310
(515) 277-4782

WHEELCHAIR AWARENESS

BOWL-A-THON
SUNDAY, MAY 20

Choose your teams NOW!
Gather friends, family, co-workers and have fun while experiencing what it’s like to bowl from a WHEELCHAIR!

$80 per Team or $20 per Individuals

*Each bowler plays 2 games (in a wheelchair) of 9 pin no tap.*
*We will provide the wheelchairs, some pointers and some laughter!* 
*This will give you some insight on problems faced by wheelchair users.*
*Trohphies, Pizza, Soda, Raffles*

Company Name: _____________________________________________________________________________________
Address: ________________________________________ City:_________________ ST:_____ Zip:_______________
Contact Name: _________________________________________Phone: ______________________________________

____ Yes, we want to enter a Team, our $80 is enclosed
____ Yes, we want to Sponsor a Team, please provide bowlers to represent us, our $80 is enclosed
____ No, but would like to contribute a tax deductible donation for your upcoming wheelchair sporting events
____ Yes, I want to participate (individual), my $20 is enclosed

Please make checks payable to: Iowa Chapter PVA

The Iowa Chapter of Paralyzed Veterans of America is a Non-profit 501(c) 3 organization whose mission is to improve the quality of life for veterans of the U.S Armed Forces and others who have a spinal cord injury or disease.
WHEELCHAIR AWARENESS
BOWL-A-THON

TEAM NAME _______________________________________________________________

TEAM CAPTAIN_________________________________ Phone________________________

Address_______________________________________ City_________________ St_____ Zip_____

Signature________________________________________________________________________

BOWLER #2 _______________________________________________ Phone_____________________

Address_______________________________________ City_________________ St_____ Zip_____

Signature________________________________________________________________________

BOWLER #3 _______________________________________________ Phone_____________________

Address_______________________________________ City_________________ St_____ Zip_____

Signature________________________________________________________________________

BOWLER #4 _______________________________________________ Phone_____________________

Address_______________________________________ City_________________ St_____ Zip_____

Signature________________________________________________________________________

PLEASE READ

I understand that by my participation in this fundraiser, I will in no way hold
The Iowa Chapter of Paralyzed Veterans of America or Plaza Lanes responsible for any
injury, accident or damages sustained while participating in this event.

***** Entry Deadline May 14, 2012 *****
WHEELCHAIR AWARENESS
BOWL-A-THON - SPONSOR SHEET

Name:____________________________________________________________________________

Game 1 Total: ___________ Game 2 Total:___________

Total Pin Count: ___________   PVA Official: ___________

The individual listed above is a registered participant in the Iowa Chapter PVA Bowl-A-Thon. This event helps us demonstrate to the public that wheelchair users can compete, contribute and achieve in sporting activities.

Each bowler will play 2 games in a wheelchair. You can donate a base amount or sponsor your bowler by total pins. Maximum points that can be scored per game is 300. Donating .5¢ per pin would total a maximum $15 donation per game, or a maximum of $30 for 2 games.

FUNDS RAISED WILL BE USED TO SPONSOR OUR PARALYZED VETERANS TO ATTEND FUTURE SPORTING EVENTS.

<table>
<thead>
<tr>
<th>NAME</th>
<th>ADDRESS</th>
<th>PLEDGE AMOUNT</th>
<th>PER PIN AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Memorial Golf Day
FOR BLIND & DISABLED VETERANS

May 28, 2012
Westwood Golf Course
Newton, Iowa

Schedule
♀ Sign-In: 8:00 - 9:00 am
♀ Opening Ceremony: 9:00 am
♀ Special flag raising ceremony
♀ Door Prizes
♀ Golf Clinics held by Iowa PGA pros
♀ Lunch
♀ Afternoon Golfing

Pre-Registration Requested - Hank Britton (641.521.6564)
FREE to ALL participating blind and disabled veterans.
CALENDAR OF UPCOMING EVENTS

5/10  Bingo at the CLC
5/11  Des Moines Caregivers Day
5/14  Joint SCI/D Meeting DMS VA, Iowa City VA & PVA @ 10:00 a.m. - IPVA Office
5/20  IPVA Bowl-a-Thon @ 10:30a.m. – Plaza Lanes in Des Moines, IA
5/24  IPVA Board of Directors Meeting @ 2:00 p.m. - IPVA Office
5/28  IPVA Office Closed for Memorial Day Holiday
6/9-6/16  Castaway Disabilities Fishing Event Ely, MN
6/14  Bingo at the CLC
6/25-6/30  National Veterans Wheelchair Games

Contact Us:
Iowa PVA
3703 1/2 Douglas Avenue
Des Moines, IA  50310

515-277-4782
888-909-4782
515-277-8165—Fax

iowapvajon@yahoo.com
iowapvakim@yahoo.com
iowapvajaz@yahoo.com

www.iapva.org

OUR FAMILY HELPING YOUR FAMILY WITH ALL YOUR MOBILITY NEEDS...

Total Mobility is a full line mobility dealer specializing in:

Auto Mobility:
- Lowered Floor Minivans
- Full Size Vans with Lifts
- Inside and Outside Scooters
- Lifts and Ramps for Cars, Trucks and SUV's
- Standard and Electronic Driving Controls

Home Mobility:
- Stair Chairs
- Porch Lifts
- Elevators
- Portable Ramp Systems

Contact Information:
2405 W. 2nd Ave., Indianola, IA 50125
Phone: 515-951-0575 • Toll Free: 800-898-0575
gc-totalmobility.com
Your Life. Your Ride.

The Nation’s Leader
Offering more than 250 new and used vehicles in stock

Find your ride. Live your life. Experience the Rollx Vans difference

- Chrysler Town & Country, Dodge Grand Caravan, Ford Econoline, Honda Odyssey and Volkswagen Routan
- Entire inventory and pricing listed online – www.rollxvans.com
- Nationwide delivery
- At Home Delivery and Service
- Industry’s first to offer OnStar® FMV technology
- Family owned-and-operated for nearly 40 years
- Meets or exceeds all NHTSA safety standards

Act now and save $250 on your purchase!

Call: 800.956.6668 • E-mail: questions@rollxvans.com

Find out more about Your Ride at www.rollxvans.com.

Follow us on:  

Facebook | Twitter | LinkedIn | YouTube
On The Brink by Steven Brinkmeyer

It’s baseball season and that makes me a happy camper. Most days I find myself counting down the hours until the next game starts. We all suffered through the caucuses and the primary elections but now it is “play ball.”

Baseball is a funny game. Nearly everybody has a favorite team but somehow the game is set up for heartbreak. I don’t know why it works that-a-way, but it does. No matter, I know just as much about the technical aspects of the game as I do about Japanese geometry.

And, I don’t care if the game is on television or the radio. Some announcers make my teeth itch and I’ve been known to turn off the tv and just listen to the game.

steven Brinkmeyer

Indianola Home Medical Supply L.L.C.
207 South Howard St.
Indianola, IA  50125

Wheelchairs, Scooters, Bathroom Safety and Daily Living Products

Full Service and Parts Department

Home Modifications, Patient Lifts, Entry Ramps, Stair Lifts, Porch Lifts, Scooter Lifts and Elevators

Darl Kaldenberg, Manager

Phone:  515-962-0701
Fax:  515-962-9251

SUPPORT THE IOWA PVA

The Iowa Paralyzed Veterans of America relies solely on private donations and receives NO government funding! Your contribution is 100% tax deductible, as we are a 501(c)(3) corporation.

Support by individual donors and businesses enable us to make our services FREE to members.

Please support our mission through a direct donation to:

Iowa Paralyzed Veterans of America (Iowa PVA)
3703 1/2 Douglas Avenue
Des Moines, IA  50310

Thank you!
IOWA PVA CHAPTER BIRTHDAYS

**MAY**

- 5/2 Glen A. Slate
- 5/3 Curt D. Barnes
- 5/9 Joni K. St. Pierre
- 5/13 Steven A. Ferris
- 5/21 Tina Marie Carter
- 5/22 Gerald R. Santos
- 5/23 Steven A. Brinkmeyer
- 5/23 Kenneth Erickson
- 5/27 Carl C. Wonneman

**JUNE**

- 6/1 James D. Fidler
- 6/1 Robert L. Marchant
- 6/5 Randall P. Ingram
- 6/6 Louis Grief
- 6/6 Larry W. Post
- 6/10 William E. Ballensky
- 6/14 Kenneth E. Lloyd
- 6/15 Robert J. Abel
- 6/20 Eric T. De Kraai
- 6/21 Harold E. Janssen
- 6/22 Jerry A. Spiegelhalter
- 6/24 Carol L. Lilienthal
- 6/27 Bobbie D. Souer
- 6/29 Roger W. Rupp

---

**Monday’s Meal And A Movie**

*Movie at 3:30 p.m. / Meal at 5:30 p.m.!!!!!*

**May**

- 7th “Sophie's Choice” / Quizno’s
- 14th Night at the Ball Park - Game time 7:00pm
- 21st “Iron Lady” / Ham and Bean Soup
- 28th CLOSED FOR MEMORIAL DAY HOLIDAY

*ALL MOVIES AND MEALS ARE SUBJECT TO CHANGE  
PLEASE GIVE US A CALL IF YOU PLAN ON JOINING THE FUN!*  

**MONDAY’S MEAL AND A MOVIE WILL RESUME ON**  
**SEPTEMBER 10, 2012.**

*HAVE A WONDERFUL AND SAFE SUMMER!*
Are you moving???
Don’t forget to notify the office of your new address. If you are a PVA member, we will let National PVA and PN PARAPLEGIA NEWS know where you are moving to, so you won’t miss a single issue.
Call us at 888-909-4782.