WE NEED YOUR EMAIL ADDRESS!!!!

TIMES ARE CHANGING AND WITH THE INFLUX OF IMPORTANT INFORMATION FOR OUR MEMBERS, OTHER VETERANS, AND OUR SUPPORTERS, WE MUST HAVE AN AVENUE TO SHARE INFORMATION IN LIEU OF A BI-MONTHLY NEWSLETTER! OUR NEWSLETTER IS GREAT INFO, BUT MUCH OF THE INFORMATION WE HAVE TO SHARE CANNOT WAIT UNTIL THE NEXT ISSUE IS SENT OUT! PLEASE PROVIDE YOUR EMAIL ADDRESS BY SENDING US A MESSAGE TO EITHER:

Kim - iowapvakim@yahoo.com
Gretchen - iowapvagretchen1@yahoo.com

THANK YOU!
A Message From The President
Kenneth Lloyd

Covid 19

I wanted to reach out to our members about Covid 19. It has been a long two years of isolation for everybody. Some of us have been out and about this last year but I know there are some of you that are still playing it safe, and I don’t blame you. The first year and a half we did not hold any Board Meetings at the office. We have been holding face-to-face Board Meetings back at the office since July of this past year. We are still holding these meetings by zoom as well. If you are interested in what are Chapter is doing you are welcome to sit in person at our meeting or you can log in to the zoom link. If you are interested in sitting in by zoom, you will have to contact our office to get an email for the link to zoom.

I assure you that our Chapter is making sure that we keep our members and guests as safe as we possibly can. We do not want to get Covid and we do not want anybody else to catch it either. We started our Chapter events back up last year and as far as I know there has not been one person from our events that have gotten Covid. At our fishing event in Ely, Minnesota last year, everyone had to be vaccinated or they had to have a negative Covid test. If our Board thinks that Covid is getting too dangerous for our members we will shut our events back down until it is safe to reopen them again.

Some of the events we are planning for this year will be a Turkey Hunt April 23rd - 24th, Annual Pistol and Trapshoot June 17th - 19th, Midwest Fishing event August 21st - 27th, Pheasant Hunt TBD, and Deer Hunt December 3rd - 4th.

I know we are all tired of Covid and believe me I am tried of it as well. If you are having troubles at home with getting your meds or other supplies from the VA because of Covid, you need to contact our PVA National Service Officer or you can contact our Chapter and we will see if we can help.

Please be safe out there and we all pray that this Covid ends soon.

2022 IPVA Turkey Hunt

The IPVA Turkey Hunt will be held April 23th & 24th in the Hardin County area. Coffee and doughnuts will be provided in the morning and lunches in the afternoon. There will be a volunteer for each hunter.

Three Action Trackchairs (donated by ITC Midwest) will be onsite for use by wheelchair hunters!

If you are interested in participating, contact Kenny Lloyd at 515-570-1402.

Deadline for signup is Thursday, March 31st!
For nearly 50 years Rollx Vans has been providing Veterans Nationwide the safest most convenient way to purchase a wheelchair accessible vehicle. We take great pride in serving those who served our country.

Veterans get up to $3000 off the purchase of your Rollx Van! Call 800-956-6668 or visit us at rollxvans.com
I received the following News Release from Denise Fleming, Legislative Director, Congresswoman Cindy Axne IA-03

FOR IMMEDIATE RELEASE
Feb. 15, 2022

VA proposes updates to rating schedule for respiratory, auditory and mental disorders

WASHINGTON — The Department of Veterans Affairs is proposing changes to the VA Schedule for Rating Disabilities specifically pertaining to the respiratory, auditory and mental disorders body systems. The proposed updates to the rating schedule for these conditions will enable VA to incorporate modern medical data and terminology to provide Veterans with more accurate and consistent decisions.

“Veterans who currently receive compensation for a service-connected condition in these body systems will not have their disability rating impacted when the VA Schedule for Rating Disabilities is updated,” said Thomas Murphy, Northeast district director, performing the delegable duties of the undersecretary for benefits. “Updating the rating schedule allows Veterans to receive decisions based on the most current medical knowledge relating to their condition.”

By incorporating modern medical data in the assessment of disabilities and how they impact earning capacity, Veterans will receive evaluations which more accurately compensate them for their service-connected disabilities. Proposed updates include:

- Modernizing the evaluative rating criteria for sleep apnea, using developments in medical knowledge to evaluate it based on its responsiveness to treatment, bringing the rating criteria for sleep apnea more closely in line with the stated purpose of the rating schedule.

- Evaluating tinnitus (ringing in the ears) as a symptom of the underlying disease which causes it, rather than as a stand-alone disability.

- Evaluating mental health conditions based on a more robust and holistic approach that assesses how impactful the disability is to cognition, interpersonal relationships, task completion, life activities and self-care. Additionally, the proposed evaluation criteria include a 10% minimum evaluation for having one or more service-connected mental health conditions and will no longer require “total occupational and social impairment” to attain a 100% evaluation.

No change to a Veteran’s current rating would occur due to these proposed changes. If the proposed changes are finalized, Veterans who currently receive compensation for a service-connected condition can apply for increased compensation, but no reductions shall be made unless an improvement in the Veteran’s disability is shown to have occurred.

The public has 60 days to provide comments to VA regarding the two proposed updates via the Federal Register notices. PLEASE NOTE THIS IS A PROPOSED CHANGE. PLEASE DIRECT ANY QUESTIONS OR CONCERNS TO OUR LOCAL PVA NSO OFFICE AT 800-795-3602.

Kim
ANNUAL AIR RIFLE & AIR PISTOL PROGRAM
Cal-Diego Air Rifle and Pistol Tournament
December 3, 2021
Camp Pendleton
Camp Pendleton, CA

Wisconsin Air Rifle and Pistol Tournament
March 11-12, 2022
Milwaukee Tech Area College
Milwaukee, WI

Buckeye Air Rifle and Pistol Tournament *
May 9-19, 2022
*Virtual Buckeye Wheelchair Games

PVA BOATING/FISHING TOUR
Mid-America Bass Tournament
September 10-12, 2021
Lake Eufaula
Eufaula, OK

Vaughn Bass Tournament
October 8-10, 2021
The Lakes of Egypt
Marion, IL

Southeastern Bass Tournament
October 15-17, 2021
Thurmond/Clarks Hill Lake
Evans, GA

Florida Gulf Coast Bass Tournament
April 1-3, 2022
Lake Toho
Kissimmee, FL

Kentucky-Indiana Bass Tournament
April 22-24, 2022
Lake Barkley
Kuttawa, KY

Mid-Atlantic Bass Tournament
June 10-12, 2022
James & Appomattox Rivers
Hopewell, VA

Capital Clash Bass Tournament
June 17-19, 2022
Potomac River
Waldorf, MD

ANNUAL PVA/NWPA BILLIARDS TOURNAMENT SERIES
Buckeye Billiards Tournament
July 17-18, 2021
8 Ball Sports Bar & Billiards
Columbus, OH

Mid-South Billiards Tournament
October 15-16, 2021
Clicks Billiards
Memphis, TN

Mid-Atlantic Billiards Tournament
March 18-20, 2022
Diamond Billiards
Midlothian, VA

ANNUAL PVA/AWBA BOWLING TOURNAMENT SERIES
Great Plains Bowling Tournament
July 29-August 1, 2021
Thunderbowl
Council Bluffs, IA

Mid-Atlantic Bowling Tournament
September 24-26, 2021
Bowl America
Midlothian, VA

Florida Gulf Coast Bowling Tour.
February 23-25, 2022
Pin Chasers
Tampa, FL

Boccia
KY-IN Boccia Tournament
July 17-18, 2021
Indianapolis, IN

KY-IN Boccia Tournament
September 25-26, 2021
Bowling Green, KY

Bayou Boccia Tournament
February 18-19, 2022
Gulfport, MS

Buckeye Boccia Tournament *
May 9-19, 2022
*Virtual Buckeye Wheelchair Games

Mid-Atlantic Boccia Tournament
May 2022 (Dates TBD)
Richmond, VA

PVA NATIONAL SHOOTING SPORTS CIRCUIT
North Central Trapshoot
September 11-12, 2021
Crooks Gun Club
Sioux Falls, SD

Cal-Diego Trapshoot
March 25-27, 2022
Redlands Shooting Park
Redlands, CA

Nevada Trapshoot
April 1-3, 2022
Clark County Shooting Park
Las Vegas, NV

HANDCYCLING
Echelon Racing League ToAD Virtual Criterium Races
November 2021 -February 2022

PVAR High Performance Camp
January 29 – February 3, 2022
Brooksville, FL

Swamp Classic
February 5-6, 2022
Gainesville, FL

Valley of the Sun
February 18-20, 2022
Phoenix, AZ

US Paracycling Open
April 8-10, 2022
Huntsville, AL

Off-Road Spring Expo
April 13-16, 2022
Chesterfield, VA

Redlands Cycling Classic
April 20-24, 2022
Redlands, CA

Pittsburgh Marathon
May 1, 2022
Pittsburgh, PA

Tour of America's Dairylands
June 16-20, 2022
Milwaukee, WI

Wichita Omnium
Dates TBD
Wichita, KS

NATIONAL VETERANS WHEELCHAIR GAMES
July 7-12, 2022
Tempe, AZ

Updated 02/08/22
For more information: pva.org/sports
TAKE CONTROL OF YOUR HEALTH!

- Eliminate sleep deprivation
- Prevent pneumonia and other respiratory problems
- Prevent painful and life-threatening pressure injuries (bed sores)

The Freedom Bed is the most advanced patient positioning system on the market, providing:

- **Automated Body Rotation**
- **Programmable Times & Angles**
- **Smooth and Silent Operation**
- **Uninterrupted Sleep**

One of our representatives will be pleased to explain the features and benefits of THE FREEDOM BED, our value-added programs and services offered.

**VA FSS CONTRACT: #36F7972BD0184**

**CALL TOLL FREE: 800.816.8243**
**EMAIL: INFO@PRO-BED.COM**
**WEB: WWW.PRO-BED.COM**
## Des Moines Vet Center Group Meetings

**For Combat Veterans**

<table>
<thead>
<tr>
<th>Group</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gaming</td>
<td>Monday</td>
<td>9:00am-10:00am</td>
</tr>
<tr>
<td>LGBTQ</td>
<td>Monday (2nd Mon month)</td>
<td>3:00pm-4:00pm</td>
</tr>
<tr>
<td>Concerned Person</td>
<td>Monday (1st &amp; 3rd Mon month)</td>
<td>6:00pm-7:00pm</td>
</tr>
<tr>
<td>PTSD PEER</td>
<td>Tuesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>PTSD VN</td>
<td>Tuesday</td>
<td>11:00am-12:30pm</td>
</tr>
<tr>
<td>OIF/OEF/OND</td>
<td>Tuesday (Drop in)</td>
<td>5:00pm-6:00pm</td>
</tr>
<tr>
<td>Grief / Loss</td>
<td>Wednesday (2x month)</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>Peer Combat Vets</td>
<td>Wednesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>PTSD VN</td>
<td>Thursday</td>
<td>1:30pm-3:00pm</td>
</tr>
<tr>
<td>MST (any service era)</td>
<td>Friday (1st &amp; 3rd Fri month)</td>
<td>7:30am-8:30am</td>
</tr>
<tr>
<td>PTSD Focus</td>
<td>Friday</td>
<td>11:00am-12:30pm</td>
</tr>
</tbody>
</table>

*Free and Confidential Individual counseling sessions are also available.*

**Contact Information:**

Vet Center
1821 22nd ST, #115
West Des Moines, IA 50266

Due to COVID-19 protocol, some groups are virtual and others will be at IPVA. Please call the Vet Center if interested so meeting location can be given.
MANY THANKS to the people and/or organizations who have donated to IPVA from December 18, 2021—March 8, 2022

Alberts, Dan and Becky (monthly)
Bachman, Howard (In Memory of Jon Schneider)
Baldwin, Gretchen (monthly)
Barnard, Penny
Burghorn, Amelia
Caliger, Wesley
Capital City Moose Lodge 2589
Chelleen, Greg & Mary Helen (In Memory of Gerald Hoch)
Collins Aerospace (Company and Employees)
Daniels, Leanna (monthly)
DeLany, James (monthly)
Elliott, Becky
Frideres, Duane and Beverly (monthly)
Graves, Steven
Hartford Sportsmen Club of Hartford Iowa (monthly)
HyVee Reusable Bag Program
Iowa One Gift Donation (monthly)
Krause, Linda
Leary, Timothy & Laura (monthly)
Morrison, Heidi (monthly)
Nichols, Dan and Gina
O’Brien, Carol (monthly)
Payne, Kimberly
PayPal Giving Fund
The Pearle and Glen Foundation
Pella Rolscreen Foundation (Employer Match)
Personal Training (monthly)
King, Franklin & Diane (In Memory of Gerald Hoch)
Phillips, Larry and Mary Lou
Rolxx Vans
Schneider, Beth (In Memory of Gerald Hoch)
Scholtes, Daniel and Patricia
Simons, Tish (monthly)
Simonson, Donald and Terrill Leef
St Athanasius School (Student Donation)
Umphress, Linda
United Way of Central Iowa
Vaughn, Grace
Vaughn, Kris
Estate of Connie Wheeler
Zankowski, Louis
THANK YOU - THANK YOU

To the people and/or organizations who have donated directly to the Midwest PVA Fishing Event from December 18, 2021 - March 8, 2022

All Hands on Deck
Anonymous
Riverside Casino & Golf Resort

The Mission Statement of Paralyzed Veterans of America

The Paralyzed Veterans of America, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members—veterans of the armed forces who have experienced spinal cord injury or dysfunction.

PVA will use that expertise to be the leading advocate for:

- Quality health care for our members,
- Research and education addressing spinal cord injury and dysfunction,
- Benefits available as a result of our members’ military service,
- Civil rights and opportunities which maximize the independence of our members.

To enable PVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication, and passion necessary to manage the organization and ensure adequate resources to sustain the programs essential for PVA to achieve its mission.

What’s stopping you?

UNSTOPPABLE PARALYZED VETERANS OF AMERICA | pva.org

THANK YOU to our Yearly Advertisers!!

Pro - Bed (Page 6)
ReWalk Robotics, Inc (Page 17) NEW ADVERTISER
Rollx (Page 3)
Siebert Mobility (Page 10)
Veteran Owned and Operated

Iowa’s Leader in Mobility Vans

★★★ $1000 Veteran Discount Available ★★★

- Convenient Locations Serving Iowa, Nebraska & Illinois
- Top Dollar for Your Trade-In
- New & Used Wheelchair Vans
- Many Makes, Models & Conversions to Choose From
- Hundreds of Vans Available
- Sales & Service
- Wheelchair Lifts & Driving Controls
- VA Funding & Financing Available
- Buy-Back Program
- Stairlifts & Other Equipment
- 24 Hour Emergency Service

Phone: 319-351-3159 / 877-543-8826

www.iowamobility.com

Email rods@iowamobility.com
TO REGISTER FOR THIS EVENT
PLEASE GO TO:
https://www.eventbrite.com/e/iowa-shooting-sports-tournament-tickets-241801413537

IOWA PVA SHOOTING SPORTS TOURNAMENT
Hosted by Iowa Chapter Paralyzed Veterans of America • June 17 - 19, 2022
Otter Creek Sportsman’s Club, Cedar Rapids, Iowa • Marriott Cedar Rapids
Competition open to all shooters, able-bodied or with a disability

<table>
<thead>
<tr>
<th>FRIDAY, JUNE 17, 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 a.m.</td>
</tr>
<tr>
<td>Transportation to range</td>
</tr>
<tr>
<td>Registration and practice</td>
</tr>
<tr>
<td>(See club for practice fees)</td>
</tr>
<tr>
<td>5 p.m.</td>
</tr>
<tr>
<td>Welcome Reception (range)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SATURDAY, JUNE 18, 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
</tr>
<tr>
<td>Transportation (range)</td>
</tr>
<tr>
<td>8 a.m.</td>
</tr>
<tr>
<td>Breakfast &amp; registration (range)</td>
</tr>
<tr>
<td>9 a.m.</td>
</tr>
<tr>
<td>100 Singles</td>
</tr>
<tr>
<td>Noon</td>
</tr>
<tr>
<td>Lunch followed by 50 pair Doubles</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SUNDAY JUNE 19, 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 a.m.</td>
</tr>
<tr>
<td>Transportation (range)</td>
</tr>
<tr>
<td>8 a.m.</td>
</tr>
<tr>
<td>Breakfast (range)</td>
</tr>
<tr>
<td>9 a.m.</td>
</tr>
<tr>
<td>100 Handicap</td>
</tr>
<tr>
<td>Following Awards Banquet at Otter Creek Sportsman’s Club</td>
</tr>
</tbody>
</table>

EVENT AWARDS
- High overall on 300 targets
- Keith Griggs Memorial Award (given to the top shooter with SCI/D) on 300 targets

Class Awards:
- First and second place in Short, Mid, and Long yardage
- First and second place in Singles, AA-D classes
- First and second place in Doubles, AA-D classes

Chapter Team Awards:
A chapter team must consist of at least three shooters having SCI/D, and a minimum of two teams must be competing for awards to be considered.

- Top Team and Runner-Up teams award based on all 300 targets/shooter

NOTE: The Iowa Chapter Paralyzed Veterans of America may hold special events on both Saturday and Sunday, as well as other shooting options for the weekend and fun shoots. There will be information on any special events taking place during the shoot in the club house and the registration tables. Please see the registration staff for any questions pertaining to special events.
TRAVEL AND ACCOMMODATIONS:

OTTER CREEK SPORTSMAN’S CLUB
9001 MILBURN ROAD
CEDAR RAPIDS, IA 52402
319.393.5814

From the host hotel, and other hotels located on
Collins Parkway: From Collins Road
Westbound, turn right onto Edgewood Rd. NE.
At the “T” intersection, turn left onto Blairs
Ferry Road NE. Go approximately 1.1 miles.
Turn right onto Milburn Rd. NE. Go
approximately 2 miles. Entrance to Otter Creek
is on the left.

MARRIOT CEDAR RAPIDS
1200 COLLINS ROAD NE
CEDAR RAPIDS, IA 52402

RESERVATIONS: Call Amanda Cushing at
309.261.0455 by MAY 26, 2022. Reference
Paralyzed Veterans of America to get the group
rate of $105 for a standard guest room and
$115 for a King Suite handicap accessible room
per night (plus tax and fees).

DIRECTIONS FROM AIRPORT TO HOTEL:
Turn right onto Wright Brothers Blvd., SW.
Turn left and take the ramp onto I-380 N toward
Waterloo. Take exit #24A toward Collins
Road. Turn Right. Merge onto Collins Rd. NE.

ALTERNATIVE AREA HOTELS:

Hampton Inn & Suites Cedar Rapids North
1130 Park Place NE
Cedar Rapids, IA 52402

Homewood Suites
1140 Park Place NE
Cedar Rapids, IA 52402

Call Mathew at 319.832.1130 Ext. 2 by May 26,
2022. Reference Paralyzed veterans of America
for group rate of $99 per night (plus tax and
fees).

TRANSPORTATION:

Transportation will be provided between
the airport and the hotel and between the hotel and
range. If requiring transportation from the air-
port, please contact Kim Gould at
iowapvakim@yahoo.com or at 309-737-3192
no later than May 19, 2022. Please include your
airline, flight number and arrival date and time.
Requests for transportation after May 19, will
not be guaranteed.

MORE EVENT DETAILS:

EQUIPMENT:

Equipment may be provided on
request and will be on a first-come,
first-served basis. Please indicate on
your entry form whether a shotgun
and/or pouch will be needed.

AMMUNITION POLICY:

All ammunition utilized must be
Factory ammunition. Reloaded
ammunition may not be utilized for
competition and refunds will not
apply. Please see Paralyzed Veterans’
shooting sports rules for more
information at
www.pva.org/shooting sports.

EMERGENCY PROCEDURES:

In the event of emergency, the
tournament director will be notified
immediately. The nearest medical
treatment center is St. Lukes Hospital
and Medical Center located at 1026 A
Ave. NE, Cedar Rapids, IA 52402;
319.369.8204

The nearest VA Hospital is the
Iowa City VA at 601 Highway 6W,
Iowa City, IA 52246;
319.338.0581

POSTAL MATCH OPTION
(VIRTUAL)

Due to COVID 19 travel restrictions,
we are adding the option for PVA
Members and Associate Members to
participate in trap shoots under a
Postal Match format. Those
participating from their home range
must register with the host Chapter
TWO WEEKS PRIOR to the
scheduled event, including teams.
Participants shooting on their
home ranges must do so within the
week prior to the actual shoot. All
results must be emailed to Kim
Gould at iowapvakim@yahoo.com
AND John Arbino at
johnar@pva.org no later than
5:00 p.m. Central Time on
Saturday, June 18, 2022. If
shooting as a team, then the team
captain can send those results.
The score sheet must be signed by
the submitting shooter, the scorers,
the shooter in the first position
and an officer of the trap club for
award consideration.

RAFFLES AND AUCTIONS:

The Iowa Chapter of Paralyzed
Veterans of America will be holding
raffles and/or silent auctions
throughout the weekend. Please
plan accordingly for any shipping
as the Iowa Chapter nor the
National Office will be shipping
any items.
# Registration & Payment for Trapshoot

**Iowa Chapter Paralyzed Veterans of America Trapshoot**

The entry fee for this event is $210 which includes 300 targets, 12 boxes of ammunition for competition, breakfast and lunch on Saturday, breakfast on Sunday and the Sunday awards lunch. Please send your registration and payment to:

**Iowa Paralyzed Veterans of America**  
7025 Hickman Road, Suite 1  
Urbandale, IA 50322

**NOTE:** Please make checks payable to Iowa PVA; in the memo: "Trapshoot." Please DO NOT send cash. Onsite registration will be accepted with check or cash payment. No credit or debit cards.

## Trapshoot Options

<table>
<thead>
<tr>
<th>Option</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Postal Match/Virtual Fee: $50</td>
<td>$50</td>
</tr>
<tr>
<td>In-Person Fee: $210 (includes ammo, targets, and all meals)</td>
<td>$210</td>
</tr>
</tbody>
</table>

## A La Carte Options:

- Singles Only: $65
- Doubles Only: $65
- Handicap Only: $65

## Additional Options

- Extra Lunch Ticket: $10
- Extra Breakfast Ticket: $5
- Extra Awards Lunch Ticket: $30
- Tax-deductible donation to Iowa Paralyzed Veterans Chapter

**TOTAL** $____

## Payment Details

| Name: |  
| Street: |  
| City: |  
| State: |  
| Zip: |  
| Phone: (____) | Email:  
| Branch of Service: | USA USMC USAF USN USCG N/A  
| Voting member of Paralyzed Veterans? | Yes No  
| PVA Associate Member? | Yes No  
| Paralyzed Veterans Chapter: |  

### Have you ever competed in a Paralyzed Veterans shooting event?  
- Yes  
- No

### Please indicate any equipment you might need:  
- Shotgun Pouch  
- Earplugs  
- Safety Glasses

### I will be competing virtually:  
- Yes  
- No

### Will you require transportation?*  
- Yes  
- No  

*Transportation requests must go to Kim Gould at iowapvakim@yahoo.com no later than May 28, 2021.

In case of emergency, please contact:  
Name:  
Relationship:  
Phone: (____) __________  

### ATA/PITA/Handicap YDG: ATA#:  
If a member of ATA or PITA, please bring your card with you!

### Singles Average:  
### Doubles Average:  

We will be re-squaddering for handicap events. We will honor requests for squaddering for the singles an doubles events that you report here.

### Squad Members:  
1.  
2.  
3.  
4.  
5.  

### Will you be attending the awards lunch?  
- Yes  
- No
If you would like to support IPVA & have the possibility of winning one of these guns, please contact us by telephone or email!! Drawing will happen at our Trapshoot.

Iowa PVA, 7025 Hickman Rd., Suite #1, Urbandale, IA 50322
515-277-4782 or 1-888-909-4782

ken2000L@haertofiowa.net
iowapvakim@yahoo.com,
or iowapvagretchen1@yahoo.com

DEFEND YOUR LEGACY SERIES 1911
MIL-SPEC .45 ACP HANDGUN

ENTER TO WIN!
Tickets are $10.00 each and will help support the Iowa Chapter - Paralyzed Veterans of America. Drawing will be held on Sunday, June 19, 2022. You need not be present to win.

OR
$500

12 GA BERETTA A300 ULTIMA SHOTGUN

OR
$500
REGISTRATION & PAYMENT FOR PISTOL SHOOT
IOWA PARALYZED VETERANS PISTOL SHOOT 10 A.M. FRIDAY, JUNE 17, 2022
The entry fee for this event is $75 which includes practice time and ammunition for competition. Please send your registration and payment to:

Iowa Paralyzed Veterans of America
7025 Hickman Road, Suite 1
Urbandale, IA 50322

On-site payment will be accepted in the form of cash or check. No debit or credit cards.

Name:________________________
Street:__________________________State:______Zip:___________
Phone:______Email:________________________
Branch of Service: USA USMC USAF USN USCG N/A
Age:__________Sex: Male Female Other
Voting Member of PVA? Yes No
PVA Associate Member? Yes No
Paralyzed Veterans Chapter:_______________

Have you ever competed in a Paralyzed Veterans shooting event?
Yes No

In case of emergency, please contact:
Name:__________________________Relationship:__________Phone:______

*Pistol ammunition will be provided for practice and competition.

Email John Arbino at JohnAr@pva.org with information on the caliber firearm you plan on utilizing.

The PVA Pistol Shoot will consist of 50 rounds of ammunition. Handguns will not be provided. No scopes or laser sights allowed, and nothing smaller than .32 caliber or larger than .45 caliber will be authorized for competition. The use of two hands is ok, as is the use of a safety strap for all wheelchair shooters. However, hands and arms must be completely free of support. Competition is open to all shooters, sitting or standing. Absolutely no reloaded ammunition may be used for practice or competition.

Course of Fire:

• 10 shots of practice, 10 minutes.
• Slow fire at the 15-yard line, 10 shots in 10 minutes
• Quick fire at the 15-yard line, 5 shots in 30 seconds
• Quick fire at the 15-yard line, 5 shots in 30 seconds
• Slow fire at the 20-yard line, 10 shots in 10 minutes
• Quick fire at the 20-yard line, 5 shots in 30 seconds
• Quick fire at the 20-yard line, 5 shots in 30 seconds

*Awards for champion and runner-up will be given at the Sunday awards lunch at Otter Creek Sportsmen’s Club at noon.
March

Richard A Tracy  March 6
Mary Beth Mayne  March 8
Garry S Barry  March 9
Peter L Coffelt  March 11
Keith E Harvey  March 11
Oscar J Ballard  March 14
Nicole M Beckford  March 17
Jerry D Nash  March 21

April

George Barber  April 6
Dennis H Beal  April 6
Bryce W Cherryholmes  April 8
James T Knudsen  April 8
Clifford L Hughes  April 10
Becky S Elliott  April 12
William T Purcell  April 12
Daniel D Scholtes  April 14
Lawrence D Francek  April 16
Ann M Dehli  April 18
Vincil E DeLay  April 21
Nancy E Collins  April 23
John W Jones  April 26

CALENDAR OF UPCOMING EVENTS

3/1  Project Healing Waters—7:00 pm at IPVA office
3/10 Bingo at the Des Moines VA CLC—6:30 pm
3/13 Daylight Savings Time Begins
3/15 Project Healing Waters—7:00 pm at IPVA office
3/24 Caregiver Support Meeting at IPVA Office—1:00 pm
3/24 BOD/Membership Meeting at IPVA Office and on Zoom—1:00 pm
3/26 - 4/1 National Disabled Veterans Winter Sports Clinic
4/5  Project Healing Waters—7:00 pm at IPVA office
4/13 Spring Carnival at Iowa Veterans Home—1:00 pm
4/14 Bingo at the Des Moines VA CLC—6:30 pm
4/17 Happy Easter
4/19 Project Healing Waters—7:00 pm at IPVA office
4/23-24 Turkey Hunt –See Page 2
4/28 Caregiver Support Meeting at IPVA Office—1:00 pm
4/28 BOD/Membership Meeting at IPVA Office and on Zoom—1:00 pm
5/3  Project Healing Waters—7:00 pm at IPVA office
5/12 Bingo at the Des Moines VA CLC—6:30 pm
5/17 Project Healing Waters—7:00 pm at IPVA office
5/26 SCI Bi-Annual Meeting at IPVA office and on Zoom—12:00pm
5/26 Caregiver Support Meeting at IPVA Office—1:00 pm
5/28 BOD/Membership Meeting at IPVA Office and on Zoom—1:00 pm
6/17 Annual Pistol Shoot, Cedar Rapids, Iowa  (see page 15)
6/17-19 Annual Trapshoot, Cedar Rapids, Iowa  (see page 11-13)
7/7-12 National Veterans Wheelchair Games, Tempe, Arizona  (see page 20)
7/18-23 National Veterans Golden Age Games, Sioux Falls, South Dakota
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ATTENTION

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