Photos of the Iowa Chargers Team at the Wheelchair Games in Tempe, Arizona!!
(Note: Our Team shirts recognized our Beloved past President, Jon Schneider. He LOVED attending the Wheelchair Games.)

See page 18 for more photos.
A Message From The President
Kenneth Lloyd

Trackchairs
Once again ITC Midwest has donated a Trackchair to one of our members! They do this by holding a Golf Fundraiser about every year. ITC employees also give personally and ITC matches their donations. (Make sure to look at pages 10-12 to see all the ITC employees who have given for another trackchair!) We thank ITC for these amazing donations!

The latest Trackchair ITC donated went to an IPVA member in Coin, Iowa. This came to happen when I made a phone call to our member, Tina Carter, to see what our Chapter could do for her. Tina described where she lived and the surroundings around her home. She said she loved to fish and could not go anymore because she was unable to get to the nearby lake. I asked if she knew about Trackchairs and she said she could not afford one. I proceeded to tell her about ITC donating Trackchairs to the Chapter and she only needed to fill out an application. She seemed so doubtful, but I told her not to give up hope. Tina submitted her application along with several other members. The Board of Directors went through all the applications and selected Tina due to her country surroundings. I received the privilege of calling Tina to let her know she had been chosen. She couldn’t believe it!

Tina’s Trackchair was built in Omaha, Nebraska and delivered to Tina’s home in July. When I arrived at her residence, I saw a narrow driveway and was not even able to see her home. I drove up a hill, passed some buildings and then saw her home at the top of the hill. She definitely needed a Trackchair to get around! Her husband, Bryon, greeted me and told me of all the things Tina used to do before she became injured. Soon the ITC representatives President Dusky Terry, his wife Connie and Scott Arnold, Area Manager, Local Government and Community Affairs arrived. The men delivering the Trackchair and Scott Miller, IPVA Vice President arrived. Tina came out of the house and greeted everyone. Tina was very excited to get into her new Trackchair. Her husband transferred her into the Trackchair and the Action Trackchair representative, Brent Urban, showed her how to operate the chair. It did not take her any time and she was off cruising with her new Trackchair all over her property. Tina was so happy! We even all had to wait for her to come back to the house for pictures. When I got ready to leave, Tina was wanting to go fishing. If she got her way, I am sure that is exactly what she did. It felt great to see someone so happy to receive one of these chairs. Congratulations to Tina and another HUGE thanks to ITC!!

If you are interested in receiving a Trackchair, please contact the Chapter and ask for an application. The Board looks at every application and decides who would benefit the most. We keep your application on file and you will be notified if you are selected. After you’ve submitted your application, if you have an update to put on your application then please contact us to do this.

Also, if you would like to talk to one our Board Members, please call our Chapter at 1-888-909-4782. Our Office Manager, Gretchen Baldwin, will connect you to one of our Board Members. If you need to talk to me, then please call me at 515-570-1402.

PLEASE SEE PAGE 6 for a photo of Tina Carter and her new track chair!!
WE BRING THE VAN TO YOU!
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Oh What A Difference A Decade Can Make

I took over as Executive Director in fall of 2010. Things were very different back then to say the least.

- We were using a telemarketing company to assist in raising funds. Unfortunately it cost us $.75 of every $1.00 we brought in. We discontinued telemarketing in 2013.
- The Chapter Grant (monthly contribution from National PVA) was just shy of $193,000 per year in 2011. The Chapter Grant for 2021 dropped to $148,000. Almost a 25% reduction of $45,000.
- Contributions/Donations for 2011 were $9,766. Contributions in 2021 (including support for the Midwest PVA Fishing Event) totaled $106,647!
- The chapter grant represented approximately 90% of our income in 2011. In 2021 the chapter grant represented just 52% of our income.
- Our total revenue for 2011 was $212,887. 2021 had a total revenue of $283,604
- Total Program expenses for 2011 were $157,267. Total Program Expenses for 2021 were $232,558! We were able to spend $75,291 more on our members than we did in 2011. In 2011 our program vs administrative expenses ratio was 82%. In 2021 we jumped to 89%. $.89 of every dollar we take in is spent on programs in support of our membership!
- We were accredited by the Better Business Bureau in 2016!
- We moved to our new building in June 2015.
- Our first trapshoot was held in 2014. We have grown this event to be one the very best stops on the National PVA Trapshoot Tour and are slated to hold the year-end event each year for the foreseeable future.
- The first Midwest PVA Fishing Event was held in 2019. This is our crown jewel! This event is fantastic. A week long fishing event at Veterans On The Lake Resort in Ely, MN. We partner with the Minnesota Chapter of PVA.
- Our volunteer base has exploded. We have 40 registered volunteers!

NONE OF THIS COULD BE POSSIBLE WITHOUT THE SUPPORT OF THE FOLLOWING:

- ITC - The employees of ITC donate to us each year. The company matches these donations. These are directed donations that go toward the purchase of an Action Tack Wheelchair for some lucky member of the Iowa Chapter! These chairs cost appx. $14,000 each!
- All Hands On Deck—This group of volunteers raises money for the Midwest PVA Fishing Event for the Iowa Chapter. They hold fish fry events, usher at Riverside Casino, solicit silent auction items for raffle and auction. They fish so that all of the fish for the fish fry events are at no cost. Over the past 3 years they have raised almost $80,000 in support of this event. All Hands On Deck also accompanies us to Veterans On The Lake and sees to our every need. They captain the boats, bait the line (if needed), clean fish, and anything else that needs to be done. They are incredible!!!!
- BJL Fundraising holds a poker run each year in support of Iowa PVA. They raised $11,000 this year.
- The Tama Sons of the American Legion /Buck Bartling held their first Poker Run this summer and raised $3,600 to donate to Iowa PVA.
- Alan Smith started an event they call Al’s Bri. This event brought in over $9,000 for Iowa PVA this year.
- iGive is a program that brings in donations from State of Iowa Employees.
- AmazonSmile is a program where we get a percentage of Amazon sales from donors who sign up. This generates revenue for us at no cost to the shopper.
- We have regular donors who donate monthly.
- We also are very fortunate to have many donors who remember us each year.

I am sure I have missed some things and I apologize. I get very excited when I talk about the Iowa Chapter. We are SO fortunate. Our mission is so important. Our members are nothing short of heroes. Our Chapter Board of Directors is totally dedicated to our goals. National PVA is very supportive of our efforts. Our volunteers are hard working people who want only to help us! Gretchen, our Office Manager, is great. We all appreciate her. We are very lucky to have all that we have!

Kim
Dependency and Indemnity Compensation
By: Gus Gonzalez, NSO

Dependency and Indemnity Compensation (DIC), is one of the survivor’s benefits that is offered through the Department of Veterans Affairs (VA). The survivor’s benefits are offered to the spouse and dependents as a compensation for the service connected death of the veteran/service member. The spouse and dependents can apply for these benefits after the veteran or service member has passed away from a service-connected related disability. The DIC benefits are paid directly to a qualified dependent such as a surviving spouse, children, and dependent parents of the deceased veteran/service member.

Certain requirements must be met for a service member/veteran dependent to possibly be qualified for this benefit. The Veteran must be on active duty, and/or active-duty training. The cause of death must be attributed in the line of duty. The Veteran’s death certificate must show the cause of death that is related to his or her service-connection disability. If the Veteran passed away due to a nonservice-connected condition but was in receipt of VA compensation that was rated for at least 10 years.

The VA recognizes a spouse if you were married to the Service Member/Veteran at the time of his/her death. The spouse must have been married for a minimum of one year prior to the Service Member/veteran’s death to be eligible for the DIC Benefits.

There could be additional benefits to a surviving spouse if the service member/veteran was rated “totally disabled” for eight continuous years and they were married for those eight years prior to his or her death.

The VA will also grant DIC Benefits if you remarried after turning 57 years old.

A child will be eligible for DIC Benefits if the child is 18 years old or younger or if the child is under the age of 18 and/or attending High School or College and not married.

How to Apply
To apply for Dependency and Indemnity Compensation Benefits, the surviving spouse, children, or dependent parent would need to complete and submit the VA form 21p-534ez to the Department of Veterans Affairs for process.

If you have any questions or need assistance in applying for these benefits you may contact any Paralyzed Veterans of America’s National Service Office. I may be contacted directly at 515-323-7544 for questions or assistance.

Notice
We have received several reports of veterans having problems with the air conditioning in their vans following accessibility conversions. If you are having air conditioning issues or have had air conditioning issues in the past, please contact:

- Kenny Lloyd 515-570-1402 ken2000L@heartofiowa.net
- OR
- Kim Gould 309-737-3192 iowapvakim@yahoo.com

Thank you!
Alan Smith and Donnie Ebrecht came to the IPVA office to present checks totaling over $9,000 to our Board of Directors and Members from the event, Al’s Bri - “Crawl for a Cause”. (See photos from the actual event on the next page!) Pictured above from left to right are: Keith Harvey, Secretary of IPVA, Donnie Ebrecht, Donator and Master Chef, Kenny Lloyd, President of IPVA, Alan Smith, Creator of Al’s Bri, Scott Miller, Vice President of IPVA, Jeff Cook, Member of IPVA and Duane Frideres, Treasurer of IPVA. Thank you to everyone who helped make this event such a success!

Presentation of the new Action Trackchair on July 26th! (See article on page 2) Pictured above in the front row are: Kenny Lloyd, IPVA President, Tina Carter, Member of IPVA and proud owner of a new Action Trackchair, Scott Miller, IPVA Vice President. In the back row are: Dusky Terry, ITC Midwest President, Byron Carter, husband of Tina, Brent Urban, Employee of Blurb Outdoors and dealer of Action Trackchair, Troy Bloomquist, Employee of Blurb Outdoor and dealer of Action Trackchair and Scott Arnold, ITC Midwest Community Affairs Area Manager. Tina was quoted as saying, "It was a little more powerful than I thought and could go over a lot of things. I got to try out the chair pretty good that day. I was in places on the farm I hadn't been in 30 years."

On July 19th, Buck Bartling and Tama Sons of the American Legion presented their donation check of over $3,600 to IPVA President Kenny Lloyd from their “Ride For Paralyzed Veterans”. See page 18 for more photos and a brief description.
Al’s Bri, “Crawl for a cause”, was held July 16th. The 80 fun souls met at the Garwin Bull pub for beverages. After sign up and the pledge of allegiance they were off. 30 bikes and 30 utvs and few other random vehicles trekked the three miles of fun. There were 4 stops around town and through the country side. Cold beverages and games were at each epic stop. After the ride, we met at the pub for an awesome meal donated by the Garwin Bull, Donnie Ebrect and friends. Some words were spoken by Ken Lloyd about the PVA and the live auction was under way. The items were all donated and were sold for tremendous amounts. Some items were donated back and sold again! Afterwards the Craig Swalwell Band rocked the night away! $9016 dollars were raised and donated!

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ANNUAL AIR RIFLE & AIR PISTOL PROGRAM
Cal-Diego Air Rifle and Pistol Tournament
December 3, 2021
Camp Pendleton
Camp Pendleton, CA

Wisconsin Air Rifle and Pistol Tournament
March 11-12, 2022
Milwaukee Tech Area College
Milwaukee, WI

Buckeye Air Rifle and Pistol Tournament
May 9-19, 2022
*Virtual Buckeye Wheelchair Games

PVA BOATING/FISHING TOUR
Mid-America Bass Tournament
September 10-12, 2021
Lake Eufaula
Eufaula, OK

Vaughan Bass Tournament
October 8-10, 2021
The Lakes of Egypt
Marion, IL

Southeastern Bass Tournament
October 15-17, 2021
Thurmond/Clarks Hill Lake
Evans, GA

Florida Gulf Coast Bass Tournament
April 1-3, 2022
Lake Toho
Kissimmee, FL

Kentucky-Indiana Bass Tournament
April 22-24, 2022
Lake Barkley
Kuttawa, KY

Mid-Atlantic Bass Tournament
June 10-12, 2022
James & Appomattox Rivers
Hopewell, VA

Capital Clash Bass Tournament
June 17-19, 2022
Potomac River
Waldorf, MD

ANNUAL PVA/NWPA BILLIARDS TOURNAMENT SERIES
Buckeye Billiards Tournament
July 17-18, 2021
8 Ball Sports Bar & Billiards
Columbus, OH

Mid-South Billiards Tournament
October 15-16, 2021
Clicks Billiards
Memphis, TN

Mid-Atlantic Billiards Tournament
March 18-20, 2022
Midlothian, VA

ANNUAL PVA/AWBA BOWLING TOURNAMENT SERIES
Great Plains Bowling Tournament
July 29-August 1, 2021
Thunderbowl
Council Bluffs, IA

Mid-Atlantic Bowling Tournament
September 24-26, 2021
Bowl America
Midlothian, VA

Florida Gulf Coast Bowling Tournament
February 23-25, 2022
Pin Chasers
Tampa, FL

Vaughan Bowling Tournament
April 29-May 1, 2022
Bowlero
Romeoville, IL

PVA NATIONAL SHOOTING SPORTS CIRCUIT
North Central Trapshoot
September 11-12, 2021
Crooks Gun Club
Sioux Falls, SD

Cal-Diego Trapshoot
March 25-27, 2022
Redlands Shooting Park
Redlands, CA

Nevada Trapshoot
April 1-3, 2022
Clark County Shooting Park
Las Vegas, NV

Florida Gulf Coast Trapshoot
May 13-15, 2022
Silver Dollar Trap Club
Odessa, FL

Vaughan Trapshoot
June 3-5, 2022
St. Charles Sportsmen’s Club
Elburn, IL

Wisconsin Trapshoot
June 10-12, 2022
Brown County Sportsman Club
Green Bay, WI

Iowa Shooting Trapshoot
June 17-19, 2022
Otter Creek Sportsman Club
Cedar Rapids, IA

*Year-End Tournament

BOCCIA
KY-IN Boccia Tournament
July 17-18, 2021
Indianapolis, IN

KY-IN Boccia Tournament
September 25-26, 2021
Bowling Green, KY

Bayou Boccia Tournament
February 18-19, 2022
Gulfport, MS

Buckeye Boccia Tournament
May 9-19, 2022
*Virtual Buckeye Wheelchair Games

Mid-Atlantic Boccia Tournament
May 2022 (Dates TBD)
Richmond, VA

VAUGHAN BOCCIA TOURNAMENT
June 11-12, 2022
Glen Ellyn, IL

HANDCYCLING
Echelon Racing League ToAD Virtual Criterium Races
November 2021 -February 2022

PVAR High Performance Camp
January 29 – February 3, 2022
Brooksville, FL

For more information: pva.org/sports

Updated 02/08/22
MANY THANKS to the people and/or organizations who have donated to IPVA from June 30, 2022—August 31, 2022

Abing, Benjamin (ITC Donor for Action Track Chair)
Alberts, Dan and Becky (monthly)
Aldrich, Matt
Amberg, Jennifer (ITC Donor for Action Track Chair)
Andree, John (ITC Donor for Action Track Chair)
Anonymous (AI's Bri Fundraiser, BJL Poker Run & Ride for Paralyzed Veterans)
Anonymous (In Memory of LeRoy Petersen)
Anonymous (In Memory of Mary Lou Phillips)
Anonymous (ITC Donors for Action Track Chair)
Apsey, Linda (ITC Donor for Action Track Chair)
Arnold, Scott (ITC donor for Action Track Chair)
Atventure Valley LLC DBA Rusty Ridge Campground
Baldwin, Gretchen (monthly)
Barr, Daniel (ITC Donor for Action Track Chair)
Belanger, Katrina (ITC Donor for Action Track Chair)
Bennett, Joseph (ITC Donor for Action Track Chair)
BJL Fundraising (Poker Run)
Boerm, Dustin
Bovennyer, Kevin and Chanda
Bunnell, George & Deb
Campie, Steven and Sandra (In Memory of LeRoy Petersen)
Capra, Carlo (ITC Donor for Action Track Chair)
Carter, Carter (ITC Donor for Action Track Chair)
Clifford, Elaine (ITC Donor for Action Track Chair)
Clifford, Robert (ITC Donor for Action Track Chair)
Corcoran, Judith
Dabney, Mike (ITC Donor for Action Track Chair)
Daniels, Leanna (monthly)
Davis, Erika (ITC Donor for Action Track Chair)
DeLany, James (monthly)
Denbow, Jared
Doty, Mary (ITC Donor for Action Track Chair)
Dreessen, Darold & Lola
Dreessen, Eileen & Michael
Drzycimski, Scott (ITC Donor for Action Track Chair)
Dupree, Brian (ITC Donor for Action Track Chair)
Eilders, James (ITC Donor for Action Track Chair)
Elliott, G A (ITC Donor for Action Track Chair)
Ensink, Marianne (ITC Donor for Action Track Chair)
Ernst, Julie (ITC Donor for Action Track Chair)
Escott, Robert (ITC Donor for Action Track Chair)
Feldmann, Jeffrey (ITC Donor for Action Track Chair)
Fridere, Duane and Beverly (monthly)
Fridere, Duane & Beverly (In Memory of Mary Lou Phillips)
Ganfield, David & Catherine (In Memory of LeRoy Petersen)
Garwin Bull LLC C/O Donald Ebrecht
Gordon, Adam (ITC donor for Action Track Chair)
GUILD, Maynard and Judy (In Honor of Joshua Baldwin)
Hall, Nora (ITC Donor for Action Track Chair)
Halt, Gordon (ITC Donor for Action Track Chair)
Hardin, Michael (ITC Donor for Action Track Chair)
CONTINUED **THANKS** to the people and/or organizations who have donated to IPVA from June 30, 2022—August 31, 2022

Hartford Sportsmen Club of Hartford Iowa (monthly)
Henson, Haley  (ITC Donor for Action Track Chair)
Hines, Alexandra  (ITC Donor for Action Track Chair)
Hines, Brittany  (ITC Donor for Action Track Chair)
Hochstedler, Ashley  (ITC Donor for Action Track Chair)
Hoffman, Richard  (ITC Donor for Action Track Chair)
Howell, Michael  (ITC Donor for Action Track Chair)
Iowa One Gift Donation (monthly)
Juszczyk, Kimberly  (ITC Donor for Action Track Chair)
Kato, Madison  (ITC Donor for Action Track Chair)
Kienzle Farms
Kinnell, Paul  (ITC Donor for Action Track Chair)
Kook, Jennifer  (ITC Donor for Action Track Chair)
Kurpinski, Matthew  (ITC Donor for Action Track Chair)
Landt Farm Account—Rick and Debbie Landt
Landt, Jeffery
Leary, Timothy & Laura (monthly)
MacDonald, Traci  (ITC Donor for Action Track Chair)
Matice, Zachary  (ITC Donor for Action Track Chair)
Maxcare
Milam, Felicia  (ITC Donor for Action Track Chair)
Miller, Rebecca  (ITC Donor for Action Track Chair)
Mink-Steensen, Patricia  (In Memory of LeRoy Petersen)
Mohwinkle, Scott  (ITC Donor for Action Track Chair)
Moltane, Michael  (ITC Donor for Action Track Chair)
Montague, Daniel and Kristi
Morrison, Heidi (monthly)
Munzel, Dan  (ITC Donor for Action Track Chair)
Myers, Alan  (ITC Donor for Action Track Chair)
Myers Custom Sign, Centerville, Iowa
Myres, Thomas  (ITC Donor for Action Track Chair)
O’Brien, Carol (monthly)
Oettchen, Randy & Tamara
Parker, Bridget  (ITC Donor for Action Track Chair)
Petersen, Thomas  (ITC Donor for Action Track Chair)
Phillips, Larry  (In Memory of Mary Lou Phillips)
Pins, Don  (ITC Donor for Action Track Chair)
Pritchard, Rodley & Lisa  (ITC Donor for Action Track Chair)
Rumao, William  (ITC Donor for Action Track Chair)
Sankey, Tom and Debra
Savage Tavern
Scheels, Rolland  (ITC Donor for Action Track Chair)
Schneider, Robert
Scott, Constance  (ITC Donor for Action Track Chair)
Sinons, Tish (monthly)
Slocum, Brian & Stephanie  (ITC Donor for Action Track Chair)
Smith, Alan
Sons of the American Legion, Tama Iowa
Stalker, Rodney  (ITC Donor for Action Track Chair)
Steven, Ashley

MORE ON NEXT PAGE!!!

Keith Harvey, IPVA Secretary
CONTINUED **THANKS** to the people and/or organizations who have donated to IPVA from June 30, 2022—August 31, 2022

Swartz, Jackie (ITC Donor for Action Track Chair)
Tedder, James (ITC Donor for Action Track Chair)
Terry, Dusky (ITC Donor for Action Track Chair)
Vaughn, Kris
Wancour, Richard (ITC Donor for Action Track Chair)
Weary, Troy (ITC Donor for Action Track Chair)
Weichel, Rosemary (ITC Donor for Action Track Chair)
Welton, Carrie
Whisner, Kyle (ITC Donor for Action Track Chair)
Wiedemeier, Karen
Yohnk, Darrel (ITC Donor for Action Track Chair)
Yost, Tiffany (ITC Donor for Action Track Chair)
Yucha, Raymond (ITC Donor for Action Track Chair)
Zhang, Wei (ITC Donor for Action Track Chair)
Ziolkowski, Michael (ITC Donor for Action Track Chair)

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**Annual Iowa PVA Pheasant Hunt**

**Saturday, October 29th, 2022**

IPVA and Michael Martin will be hosting our Annual Pheasant Hunt in Madrid, IA.

- **Volunteers will be available for assistance.**
- **Dogs will be provided.**
- **Three of our Chapter’s track chairs (donated from ITC Midwest and its employees) will be on-site.**
- **Lunch will be provided.**
- **Event is FREE to any IPVA member or Associate Member**

*You MUST register to attend.*

Please contact Scott Miller at 641-799-7943 to register and obtain further details.

**Deadline to register is October 15, 2022**

---

Please feel free to contact us by mail, telephone or email...

Iowa PVA, 7025 Hickman Rd., Suite #1, Urbandale, IA 50322
515-277-4782 or 1-888-909-4782

ken2000L@haertofiowa.net
iowapvakim@yahoo.com,
or iowapvagretchen1@yahoo.com
IVH Pool Tournament

Location: Iowa Veterans Home
Malloy Building
LRC Room

DATE: NOVEMBER 19, 2022
TIME: 9:00AM

This event is free/open to anyone who is willing to shoot pool from a wheelchair.

Please RSVP by November 12th by calling the IPVA office at 888-909-4782 or 515-277-4782.

*ALL PARTICIPANTS MUST PROVIDE PROOF OF COVID VACCINATIONS PLUS TWO BOOSTERS TO ENTER THE IVH. MASKS WILL BE REQUIRED*

We’ve created a QR Code!!
(Quick Response Code)

QR Codes are designed to be scanned using a camera, such as those found on your smartphone.

If you’d like to donate to our Iowa Chapter, just scan with your phone and enter a donation!!
(Note: This code does require you to have a current PayPal account)

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THANK YOU to our Yearly Advertisers!!

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ReWalk Robotics, Inc (Page 23)
Rollx (Page 3)
Siebert Mobility (Page 14)
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Email rods@iowamobility.com
The Mission Statement of Paralyzed Veterans of America

**The Paralyzed Veterans of America**, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members—veterans of the armed forces who have experienced spinal cord injury or dysfunction.

PVA will use that expertise to be the leading advocate for:

- Quality health care for our members,
- Research and education addressing spinal cord injury and dysfunction,
- Benefits available as a result of our members’ military service,
- Civil rights and opportunities which maximize the independence of our members.

To enable PVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication, and passion necessary to manage the organization and ensure adequate resources to sustain the programs essential for PVA to achieve its mission.

IPVA member, Jim O’Brien and his wife, Michelle O’Brien, participated in the Salmon-A-Rama hosted by the Wisconsin PVA Chapter in Racine, Wisconsin, on July 14th. Jim stated, “It was an amazing trip and the timing was a blessing for both me and my spouse Michelle. Thank you to the Wisconsin PVA Chapter for this “Dream Come True” excursion, for the Iowa PVA BOD for agreeing to fund attendance and all the others who made this possible!”

Pictured above at the weigh in board from left to right:  
Captain Travis Becker - Fish Chatter Charters,  
Jim O’Brien—IPVA member,  
Michelle O’Brien (kneeling),  
Craig (unknown) – President/Organizer of the Wisconsin Salmon-A-Rama,  
Derrick Trentin (seated) – National Director/Sports Director WI-PVA
THANK YOU - THANK YOU

To the people and/or organizations who have donated directly to the Midwest PVA Fishing Event from June 30, 2022 - August 31, 2022

Alberts, Dan & Becky
All Hands on Deck
Anonymous (numerous cash donations)
Arrowhead Outdoors
Berkenpas, Andy and Lara
Berkenpas, Robert & Pam Seaton-Berkenpas
Boys & Girls Club of the Corridor (20th Annual Fish-O-Rama)
Britton’s Café—Bonnie Jacobson
Bunnell, George and Deb
Casey’s General Stores
Cedar County Repair Inc
Circle P Veterinary Services, LLC (DBA Tipton Veterinary Services)
Clary, James & Marcia
Crock, Kenneth & Sarah Jane
Cunningham, Lonn & Phyllis
Diemert, Jeffery & Mary
Donner, Daniel
Eich, Timothy
Farley, Michael & Mary Jean Timp
Frederiksen, Patti (In Memory of (Forrest J Grugan “Woody”))
Getman, Gerard & Susan
Grugan, Eunice (In Memory of (Forrest J Grugan “Woody”))
Hall, Jerry & Marion
Melby, Mark & Erica
Miller, Scott
Minnesota DNR—Matthew Hennen
O’Brien, Jim
Petersen, LeRoy
Poehler, Eric (Scotty)
Riverside Casino & Golf Resort
Sankey, Tom & Debra
Sierzant, M.B. & A.M.
Superior Fuel Company—Dennis and Ann Portinen
Theisen’s—Cedar Rapids
Thull, Gary & Helen
Thumma, G.L. & S
Veterans On The Lake Resort
### Des Moines Vet Center Group Meetings

For Combat Veterans*

<table>
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<tr>
<th>Event</th>
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<th>Time</th>
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<tr>
<td>Gaming</td>
<td>Monday</td>
<td>9:00am-10:00am</td>
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<tr>
<td>LGBTQ</td>
<td>Monday (2nd Mon month)</td>
<td>3:00pm- 4:00pm</td>
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<tr>
<td>Concerned Person</td>
<td>Monday (1st &amp; 3rd Mon month)</td>
<td>6:00pm- 7:00pm</td>
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<tr>
<td>PTSD PEER</td>
<td>Tuesday</td>
<td>10:00am-11:30am</td>
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<tr>
<td>PTSD VN</td>
<td>Tuesday</td>
<td>11:00am-12:30pm</td>
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<td>OIF/OEF/OND</td>
<td>Tuesday (Drop in)</td>
<td>5:00pm- 6:00pm</td>
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<td>OIF/OEF/OND</td>
<td>Tuesday</td>
<td>6:00pm- 7:00pm</td>
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<tr>
<td>Grief / Loss</td>
<td>Wednesday (2x month)</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>Peer Combat Vets</td>
<td>Wednesday</td>
<td>10:00am-11:30am</td>
</tr>
<tr>
<td>PTSD VN</td>
<td>Thursday</td>
<td>1:30pm- 3:00pm</td>
</tr>
<tr>
<td>MST (any service era)</td>
<td>Friday (1st &amp; 3rd Fri month)</td>
<td>7:30am- 8:30am</td>
</tr>
<tr>
<td>PTSD Focus</td>
<td>Friday</td>
<td>11:00am-12:30pm</td>
</tr>
</tbody>
</table>

*Free and Confidential Individual counseling sessions are also available.

(515) 284-4929
Des Moines Vet Center
1821 22nd St. #115
West Des Moines, IA 50266

Please call to be scheduled for an appt or to be added to a group.

"Keeping the Promise"
Ride For Paralyzed Veterans—
June 25th, 2022

This all-day first-time event was held in and around Tama, Iowa. 20 different stops were given to each participant. Each person had to stop at least 5 places but some attempted to stop at all 20!! There was a huge turnout with an amazing live auction, good food was served and live music was enjoyed by all.

Scott Miller, IPVA’s Vice President, was able to attend this event. He stated, “this would be a great event for many of our members. There are lots of side-by-sides that our members could ride along in.” This event was even more special to Scott as he hadn’t been on his bike for 3 years or more and was able to ride it for this!

Thank you to hundreds of people and establishments that made this event so successful!!
Walking and Rolling at the Veterans Day Parade at the Iowa State Fair on August 15th. Luckily the rain stayed away until the early afternoon. Thanks to everyone who attended!
The 41st Annual National Veterans Wheelchair Games was held this year in sunny Tempe, AZ July 7th-12th with over 360 athletes attending from all over the country as well as a team from England. There were 4 Iowa athletes that attended this year with their caregivers and 2 coaches participating in various sports such as wheelchair rugby, softball, track and field events, boccia, table tennis, 9-ball, and weightlifting. During the week, it got hot (as in 115 degrees hot!)….but so did the competition! Our Iowa Chargers team proudly brought home 10 medals, 4 gold and 6 silver for their various events! All in all, everyone that attended had a great time! Everyone stayed cool from the heat, met new friends, learned new skills, brushed up on old skills, and had fun competing with each other from all over the country. Thank you to the Iowa Chapter of the PVA for sponsoring our Iowa athletes to attend the games.

The 42nd Annual National Veterans Wheelchair Games is scheduled for July 4th-9th in Portland, Oregon. If you are interested in attending, the registration opens February 1st, 2023.
Thank you to Myers Custom Sign in Centerville, Iowa. They did outstanding work at installing our new logo on our trailer! LOOKS FABULOUS!!!

If you see our trailer out and about, send us a photo and we may put it in our newsletter!!!

Do you know where these were taken??

Answer: Welcome Home Soldier Memorial in Albia, Iowa.
### September

- Daniel D Allsup  
  Sept 5  
- Cathy D. Guy  
  Sept 5  
- John P. Cornally  
  Sept 6  
- Lana D. Gillaspie  
  Sept 10  
- Rusty J Bettcher  
  Sept 10  
- James L Cooper  
  Sept 12  
- Scott M Miller  
  Sept 12  
- David A Eddington  
  Sept 13  
- Ronald D. Smith  
  Sept 13  
- Dean Ray Blumanhourst  
  Sept 15  
- Clark J Wedderspoon  
  Sept 20  
- Jeff D. Cook  
  Sept 21  
- Michael Hoeger  
  Sept 24  
- Garry L. Davis  
  Sept 26

### October

- Thomas J Ostwald  
  Oct 5  
- Brian A Ries  
  Oct 5  
- Timothy J O’Banion  
  Oct 11  
- Jeff W Mullin  
  Oct 16  
- Randall L Andersen  
  Oct 18  
- Thomas R Sankey  
  Oct 23  
- Ian J Ralston  
  Oct 26

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**CALENDAR OF UPCOMING EVENTS**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/5</td>
<td>Labor Day—Office Closed due to holiday</td>
</tr>
<tr>
<td>9/6</td>
<td>Project Healing Waters—7:00 pm at IPVA office</td>
</tr>
<tr>
<td>9/8</td>
<td>Bingo at the Des Moines VA CLC—6:30 pm</td>
</tr>
<tr>
<td>9/19</td>
<td>Deadline to RSVP to attend the Annual Dinner (See page 28)</td>
</tr>
<tr>
<td>9/20</td>
<td>Project Healing Waters—7:00 pm at IPVA office</td>
</tr>
<tr>
<td>9/22</td>
<td>Caregiver Support Meeting at IPVA Office and on Zoom—1:00 pm</td>
</tr>
<tr>
<td>9/22</td>
<td>BOD/Membership Meeting at IPVA Office and on Zoom—1:00 pm</td>
</tr>
<tr>
<td>10/1-2</td>
<td>IowaAbility Fair 2022 <a href="https://iowabilityfair.com/">https://iowabilityfair.com/</a></td>
</tr>
<tr>
<td>10/4</td>
<td>Project Healing Waters—7:00 pm at IPVA office</td>
</tr>
<tr>
<td>10/9</td>
<td>Annual Dinner at Ramada Inn, 5000 Merle Hay Road, Des Moines (See page 28)</td>
</tr>
<tr>
<td>10/10</td>
<td>Columbus Day—Office Closed due to the holiday</td>
</tr>
<tr>
<td>10/13</td>
<td>Bingo at the Des Moines VA CLC—6:30 pm</td>
</tr>
<tr>
<td>10/15</td>
<td>Deadline to Register for Annual Iowa PVA Pheasant Hunt (See page 12)</td>
</tr>
<tr>
<td>10/15</td>
<td>Fish Fry Fundraiser (See page 26)</td>
</tr>
<tr>
<td>10/18</td>
<td>Project Healing Waters—7:00 pm at IPVA office</td>
</tr>
<tr>
<td>10/22-24</td>
<td>2022 Fall Board of Directors Meeting in Orlando, FL</td>
</tr>
<tr>
<td>10/27</td>
<td>Caregiver Support Meeting on Zoom—1:00 pm</td>
</tr>
<tr>
<td>10/27</td>
<td>CANCELLED—BOD/Membership Meeting</td>
</tr>
<tr>
<td>10/29</td>
<td>Annual Iowa PVA Pheasant Hunt (See page 12)</td>
</tr>
<tr>
<td>11/1</td>
<td>Project Healing Waters—7:00 pm at IPVA office</td>
</tr>
<tr>
<td>11/6</td>
<td>Daylight Savings Time Ends</td>
</tr>
<tr>
<td>11/10</td>
<td>Bingo at the Des Moines VA CLC—6:30 pm</td>
</tr>
<tr>
<td>11/11</td>
<td>Veterans Day—Office Closed</td>
</tr>
<tr>
<td>11/12</td>
<td>Deadline to Register for the IVH Pool Tournament (See page 13)</td>
</tr>
<tr>
<td>11/15</td>
<td>Project Healing Waters—7:00 pm at IPVA office</td>
</tr>
<tr>
<td>11/17</td>
<td>Caregiver Support Meeting at IPVA Office and on Zoom—1:00 pm</td>
</tr>
<tr>
<td>11/17</td>
<td>BOD/Membership Meeting at IPVA Office and on Zoom—1:00 pm</td>
</tr>
<tr>
<td>11/19</td>
<td>IVH Pool Tournament at IVH in Marshalltown, Iowa (See page 13)</td>
</tr>
<tr>
<td>11/24</td>
<td>Thanksgiving Day—Office Closed due to holiday</td>
</tr>
<tr>
<td>11/25</td>
<td>Office Closed for Thanksgiving holiday</td>
</tr>
</tbody>
</table>
Want To Improve Your Bowel Function?

Recently published research reveals between 50 and 80% of participants reported improvements in bowel function and/or management after walking in an exoskeleton*

Did you know Paralyzed US Veterans May be Eligible for a ReWalk Personal Exoskeleton?

Contact ReWalk for more Information: rewalk.com/contact or 508.251.1154 option 2

2022 PVA Scholarship Award Winners

Paralyzed Veterans of America's (PVA) primary goal has been to assist its members and their families in improving the quality of their lives. This goal has been addressed through a wide variety of activities, including support of programs designed to provide education and training.

PVA established an Educational Scholarship Program to assist PVA members and their immediate families in gaining a post-secondary education.

Congratulations to our 2022 winners and we wish you the best as you embark on your educational journey.

Ethan Halsted (University of Hawaii at Manoa)
Son of R. Sean Halsted - Northwest Chapter

Haley David (University of North Carolina at Wilmington)
Daughter of Dave David – Wisconsin Chapter

Joseph Myers (University of Illinois Chicago)
Member - Buckeye Chapter

Ria Axelson (Baylor University)
Daughter of Peter Axelson – Bay Area & Western Chapter

Sarah Humphrey (Carson-Newman University)
Daughter of David Humphrey - Mid-South Chapter

Trevor Turner (Texas A&M University)
Son of Thomas Turner - Texas Chapter
NOTICE REGARDING DONATIONS MADE DIRECTLY TO
THE PARALYZED VETERANS OF AMERICA – IOWA CHAPTER

- 89% OF EVERY DONATION MADE DIRECTLY TO THE
PARALYZED VETERANS OF AMERICA – IOWA CHAPTER GOES
DIRECTLY TO THE EIGHT DESIGNATED PROGRAMS SUPPORTED
BY THE PARALYZED VETERANS OF AMERICA - IOWA CHAPTER.

- THE PARALYZED VETERANS OF AMERICA - IOWA CHAPTER
RELIRES SOLELY ON DONATIONS AND GRANTS AND RECEIVES NO
GOVERNMENTAL FUNDING. ADDITIONALLY, THE IOWA
CHAPTER DOES NOT UTILIZE TELEMARKETING OR DIRECT
MAIL SOLICITATION OF DONATED FUNDS.

- ALL DONATIONS MADE DIRECTLY TO THE PARALYZED
VETERANS OF AMERICA - IOWA CHAPTER SUPPORTS LOCAL
VETERANS AND IOWA CHAPTER MEMBERS.

- YOUR DONATIONS SUPPORT BOTH SERVICE CONNECTED AND
NON-SERVICE CONNECTED DISABLED VETERANS.

PLEASE SEE THE MOST RECENT FULL INDEPENDENT AUDIT REPORT
AND IRS FORM 990 UNDER THE FINANCIALS TAB OF OUR WEB SITE AT
www.iowapva.org.

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT KIMBERLY GOULD,
EXECUTIVE DIRECTOR AT 515-277-4782 ANY TIME DAY OR NIGHT.
4th Annual Midwest PVA Fishing Event
Fish Fry Fundraiser
Saturday, October 15

WHERE: Cedar Rapids Fraternal Order of Eagles #2272
1725 11th St NW, Cedar Rapids, IA 52405

COST: FREE WILL DONATION (ALL YOU CAN EAT)

FOOD: SERVED 5:00 P.M. - 7:00 P.M.
(Fried fish, French fries, Coleslaw, Green Beans & Dessert)
To Go Containers Will Be Available

LIVE & SILENT AUCTION/RAFFLES & 50/50 DRAWINGS

The Midwest PVA Fishing Event is a week long event held for Paralyzed Veterans and their
caregivers at Veterans on the Lake Resort in Ely, MN. 100% of donations collected will go to
Paralyzed Veterans of America - Iowa Chapter and will be utilized for funding the Midwest PVA
Fishing Event. All funds collected for this event will be placed in a designated account and will be
used solely for that purpose. NO administrative costs will be incurred.

Questions?
Call

Jeff Stiff
319-531-6962
or
George Bunnell
319-573-2420
This amazing group of people are some of the members of “All Hands on Deck”. They do SO MUCH for IPVA.

This photo was taken at Riverside Casino where they volunteer as ushers for events. They have ushered 8 events this year and have four more shows scheduled before the end of the year. We've heard rumors that Riverside only wants them to work their shows as they are so quick and efficient. So far they have raised over $4,000 and will be hosting a Fish Fry Fundraiser in Cedar Rapids on October 15th (See page 26). Many members volunteered their time at the 20th Annual Fish-O-Rama on August 6th-7th at Robbins Lake in Cedar Rapids where over 1,000 caught fish were donated to be served at their Fish Fry’s. Many members traveled to Ely, Minnesota to volunteer at the Midwest PVA Fishing Event (August 21-27) helping in many ways to create a week filled of excitement, bonding and of course many “Fish Stories” of the one that got away.

These men and women give their most prized gift…..their time…..to help fundraise and support our Paralyzed Veterans and their caregivers.

We THANK each and every one of you!!
ANNUAL DINNER AND AWARDS BANQUET

The Board of Directors of the Iowa Chapter of the Paralyzed Veterans of America invite you to their Annual Dinner Meeting and Awards Banquet

SUNDAY—October 9, 2022 at 1:00 pm
at the Ramada Tropics Resort & Conference Center
at I35/80 and Merle Hay Road in Des Moines, IA

1:00 p.m. Social Hour
1:30 p.m. Lunch
(Lunch will consist of a Soup and Deli Sandwich Buffet, Pasta Salad, Potato Salad and various desserts. Coffee, tea, lemonade and soda will be provided. Cash Bar available.)

Program and Awards will be presented following dinner

Please RSVP to the Iowa PVA office by close of business on Monday, September 19th at 515-277-4782 or iowapvakim@yahoo.com or iowapvagretchen1@yahoo.com
(Dress is Business Casual)

ARE YOU MOVING????
Don’t forget to notify the office of your new address. If you are a PVA member, we will let National PVA and PN PARAPLEGIA NEWS know where you are moving to, so you won’t miss a single issue.
Call us at 515-277-4782 or 1-888-909-4782