

Annual Report

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2022

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Gretchen Baldwin

The Mission Statement of Paralyzed Veterans of America

The Paralyzed Veterans of America, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members-veterans of the armed forces who have experienced spinal cord injury or dysfunction.

PVA will use that expertise to be the leading advocate for:

- *Quality health care for our members,*
- *Research and education addressing spinal cord injury and dysfunction,*
- *Benefits available as a result of our members' military service,*
- *Civil rights and opportunities which maximize the independence of our members.*

To enable PVA to continue to honor this commitment, we must recruit and retain members who have the experience, energy, dedication, and passion necessary to manage the organization and ensure adequate resources to sustain the programs essential for PVA to achieve its mission.



PVA

Paralyzed Veterans of America

Iowa Chapter



PVA

Paralyzed Veterans of America

Iowa Chapter

Liaison

The Chapter continues to work with the Veterans Administration's Central Iowa Health Care System (CIHCS) in Des Moines, the VA Medical Center in Iowa City, and the Iowa Veterans Home (IVH) in Marshalltown. Iowa PVA Board Members and staff regularly attend SCI/D, VAVS, Volunteer Advisory Committee, and Advisory Consumer Advocate Committee (ACAC) meetings at the Iowa Veterans Home and the hospitals. Representation by the Iowa Chapter ensures that our Chapter is aware of any needs at the hospitals or at the Iowa Veterans Home and provides us the opportunity to present our concerns to the appropriate authorities. Gus Gonzales, Keith Harvey, Kenny Lloyd, Lonn Cunningham, Oscar Ballard, Keith Harvey, Gretchen Baldwin and Kim Gould represent the Iowa Chapter at these facilities. Although the Hospital Liaison Program has been dissolved and replaced by the Peer Mentoring Program, Kenny Lloyd, Keith Harvey and Kim Gould are still active as PVA representatives to the Des Moines VA Medical Center, the Iowa City VA Medical Center and the Iowa Veterans Home and ensure that the VA Directive 1176 is followed in the care provided to our SCI/D veterans. Scott Miller and Keith Harvey have taken on the role of peer mentors to those newly injured/diagnosed veterans who need some assistance in adapting to their new situations.

Advocacy

In 2018, a legislative initiative was passed to include the Iowa Chapter of PVA on the Iowa Commission of Veterans Affairs. The commission is comprised of representatives from select veterans groups in Iowa, to propose and advocate either for or against any and all legislation that is presented to the Iowa State Legislature. Governor Kim Reynolds appointed Kenneth Lloyd as the Iowa Chapter of PVA representative to the Council. Although the Iowa Chapter does not have an official Government Relations Director, Scott Miller represented the Iowa Chapter at monthly meetings of the Association of Government Relations Directors via telephone. Mr. Miller relayed pertinent information regarding national legislation affecting veterans, disabled citizens and Paralyzed Veterans of America to our chapter Board of Directors. The 2022 Advocacy/Legislation Seminar was conducted virtually in March. Scott Miller led our virtual "delegation" in reviewing PVA's initiatives and presented these points to Senators and Representatives at the National level.

Service

NSO Gus Gonzales and NSO Secretary Judy Keeling continue to work tirelessly to provide benefit assistance and advocate for their veteran clients. They have continued to show excellent productivity and success in the numbers of veterans served and the amount of financial benefits paid out. Gus or Judy regularly attend our IPVA Board of Directors meetings and also one or both attend our quarterly interagency SCI/D meetings with both the Iowa City and Des Moines VA Medical Centers. Articles and information are provided by the National Service Office for our bi-monthly newsletters which provide vital information to our members regarding benefits available through the Veterans Administration.

Fundraising

Iowa PVA does not use telemarketing. We are now involved in iGive, YourCause, AmazonSmile, One Gift Iowa, Network For Good and the Benevity. Iowa PVA's accreditation by the Better Business Bureau continues to instill confidence to those generous business and individuals who choose to support our cause. ITC (employees, executives and company match), All Hands On Deck, the Benefit Poker Run (Brandon Wilson, Jesse Forquer, Larry Poggemiller), Al's Bri (Alan Smith), Buck Bartling from the Tama American Legion, Collins Aerospace and our generous individual donors continued their support through 2022. All Hands On Deck is a group of volunteers who not only raises and donates a huge amount of money to the Midwest PVA Fishing Event, but they assist in organizing and staffing the event. Britton's Café is also a large donor to the event. This event would not be possible without them! Please watch the newsletter/web page for information regarding upcoming fundraising events. Iowa PVA also pursues a multitude of grant opportunities throughout the year. In 2023, we will continue to focus on getting the word out on our mission and services provided to our veterans with spinal cord injury and disease.

Research, Education and Medical

Paralyzed Veterans of America - Iowa Chapter contributed \$6000 to National PVA Research, Education and Clinical Practice Guidelines in 2022. The Iowa Chapter also provides funding for the clinicians at both the Des Moines and Iowa City VAMCs to attend educational conferences to enable them to provide the best care possible to our SCI/D veterans. We continue our involvement with the SCI Clinics in the two VAMCs in Iowa. Quarterly meetings are held at the Des Moines VAMC and Iowa City VAMC. We strive to give general assistance to various patient programs involving the two hospitals, the Iowa Veterans Home and the Des Moines Vets Center. This year with the continued impact of COVID-19 on our events programs, we were able to provide extra assistance to the Des Moines VA, the Iowa City VA and the Iowa Veterans Home by providing large monetary and goods donations to these facilities to assist with the added demands of patient care through this pandemic crisis.

Finances

PARALYZED VETERANS OF AMERICA - IOWA CHAPTER
STATEMENTS OF FINANCIAL POSITION
September 30, 2022 and 2021

ASSETS

	<u>2022</u>	<u>2021</u>
CURRENT ASSETS		
Cash and cash equivalents	\$ 131,358	\$ 106,551
Accounts receivable	20,921	-
Investments	170,557	203,637
Prepaid expense	4,278	2,497
Total current assets	<u>327,114</u>	<u>312,685</u>
 PROPERTY AND EQUIPMENT		
Fixed assets less accumulated depreciation of \$148,223 in 2022 and \$133,816 in 2021	<u>297,408</u>	<u>311,815</u>
 CUSTODIAL FUNDS	<u>18,979</u>	<u>21,494</u>
 TOTAL ASSETS	<u><u>\$ 643,501</u></u>	<u><u>\$ 645,994</u></u>

LIABILITIES AND NET ASSETS

CURRENT LIABILITIES		
Accounts payable	\$ 19,259	\$ 5,838
Total current liabilities	<u>19,259</u>	<u>5,838</u>
 LONG-TERM LIABILITIES		
Custodial funds	<u>18,979</u>	<u>21,494</u>
	<u>18,979</u>	<u>21,494</u>
 TOTAL LIABILITIES	<u>38,238</u>	<u>27,332</u>
 NET ASSETS		
Net assets without donor restrictions	569,508	572,006
Net assets with donor restrictions	<u>35,755</u>	<u>46,656</u>
Total net assets	<u>605,263</u>	<u>618,662</u>
 TOTAL LIABILITIES AND NET ASSETS	<u><u>\$ 643,501</u></u>	<u><u>\$ 645,994</u></u>

Finances

PARALYZED VETERANS OF AMERICA - IOWA CHAPTER STATEMENTS OF ACTIVITIES For the Year Ended September 30, 2022

	Net assets without donor restrictions	Net assets with donor restrictions	Total
Changes in net assets:			
Revenues, gains, and support:			
Support:			
PVA Grant	\$ 146,592	\$ -	\$ 146,592
Contributions	124,486	-	124,486
Special Events (contributions)	26,863	11,080	37,943
	<u>297,941</u>	<u>11,080</u>	<u>309,021</u>
Revenues and gains:			
Publication income	1,800	-	1,800
Investment income	4,304	-	4,304
Realized gain (loss) on investments	2,971	-	2,971
Unrealized gain (loss) on investments	(47,158)	-	(47,158)
Other	75	-	75
	<u>(38,008)</u>	<u>-</u>	<u>(38,008)</u>
Total revenues, gains, and support	<u>259,933</u>	<u>11,080</u>	<u>271,013</u>
Net assets released from restrictions:	21,981	(21,981)	-
EXPENSES			
Program services:			
Membership and benefits	111,166	-	111,166
Public affairs	135,112	-	135,112
Research	6,000	-	6,000
Total program services	<u>252,278</u>	<u>-</u>	<u>252,278</u>
Support services:			
General and administrative	26,374	-	26,374
Fund raising	5,760	-	5,760
Total support services	<u>32,134</u>	<u>-</u>	<u>32,134</u>
Total expenses	<u>284,412</u>	<u>-</u>	<u>284,412</u>
Increase (decrease) in net assets	(2,498)	(10,901)	(13,399)
Net assets, beginning	<u>572,006</u>	<u>46,656</u>	<u>618,662</u>
Net assets, ending	<u>\$ 569,508</u>	<u>\$ 35,755</u>	<u>\$ 605,263</u>

Finances

PARALYZED VETERANS OF AMERICA - IOWA CHAPTER
STATEMENTS OF ACTIVITIES
For the Year Ended September 30, 2021

	Net assets without donor restrictions	Net assets with donor restrictions	Total
Changes in net assets:			
Revenues, gains, and support:			
Support:			
PVA Grant	\$ 147,967	\$ -	\$ 147,967
Contributions	54,197	-	54,197
Special Events (contributions)	11,862	40,588	52,450
	<u>214,026</u>	<u>40,588</u>	<u>254,614</u>
Revenues and gains:			
Publication income	1,800	-	1,800
Investment income	2,946	-	2,946
Realized gain (loss) on investments	8,218	-	8,218
Unrealized gain (loss) on investments	15,918	-	15,918
Other	108	-	108
	<u>28,990</u>	<u>-</u>	<u>28,990</u>
Total revenues, gains, and support	<u>243,016</u>	<u>40,588</u>	<u>283,604</u>
Net assets released from restrictions:	38,944	(38,944)	-
EXPENSES			
Program services:			
Membership and benefits	105,596	-	105,596
Public affairs	118,625	-	118,625
Research	8,337	-	8,337
Total program services	<u>232,558</u>	<u>-</u>	<u>232,558</u>
Support services:			
General and administrative	23,635	-	23,635
Fund raising	5,649	-	5,649
Total support services	<u>29,284</u>	<u>-</u>	<u>29,284</u>
Total expenses	<u>261,842</u>	<u>-</u>	<u>261,842</u>
Increase (decrease) in net assets	20,118	1,644	21,762
Net assets, beginning	<u>551,888</u>	<u>45,012</u>	<u>596,900</u>
Net assets, ending	<u>\$ 572,006</u>	<u>\$ 46,656</u>	<u>\$ 618,662</u>

PARALYZED VETERANS OF AMERICA - IOWA CHAPTER
STATEMENTS OF FUNCTIONAL EXPENSES
For the Years Ended September 30, 2022 and 2021

2022

	Program Services			Support Services		
	Membership and Benefits	Public Affairs	Research	General and Administrative	Fund Raising	Grand Total
Compensation	\$ 74,881	\$ 23,040	\$ -	\$ 11,520	\$ 5,760	\$ 115,201
Professional and consulting	2,341	1,561	-	3,902	-	7,804
Occupancy	5,798	4,637	-	1,160	-	11,593
Office supplies and expenses	10,823	1,245	-	2,986	-	15,054
Postage	3,540	-	-	393	-	3,933
Printing, publications, and promotions	383	-	-	-	-	383
Dues and subscriptions	448	112	-	-	-	560
Conferences, meetings, and travel	5,751	66,001	-	1,819	-	73,571
Awards and grants	-	32,753	6,000	-	-	38,753
Investment expenses	-	-	-	3,153	-	3,153
Other	-	-	-	-	-	-
Depreciation	7,203	5,763	-	1,441	-	14,407
Total functional expenses	\$ 111,166	\$ 135,112	\$ 6,000	\$ 26,374	\$ 5,760	\$ 284,412

2021

	Program Services			Support Services		
	Membership and Benefits	Public Affairs	Research	General and Administrative	Fund Raising	Grand Total
Compensation	\$ 73,448	\$ 22,599	\$ -	\$ 11,300	\$ 5,649	\$ 112,996
Professional and consulting	1,971	1,314	-	3,285	-	6,570
Occupancy	5,550	4,440	-	1,110	-	11,100
Office supplies and expenses	10,961	2,776	-	2,545	-	16,282
Postage	2,706	-	-	301	-	3,007
Printing, publications, and promotions	182	-	-	-	-	182
Dues and subscriptions	444	111	-	-	-	555
Conferences, meetings, and travel	3,129	66,724	-	626	-	70,479
Awards and grants	-	14,897	8,337	-	-	23,234
Investment expenses	-	-	-	2,814	-	2,814
Other	-	-	-	212	-	212
Depreciation	7,205	5,764	-	1,442	-	14,411
Total functional expenses	\$ 105,596	\$ 118,625	\$ 8,337	\$ 23,635	\$ 5,649	\$ 261,842

Finances

PARALYZED VETERANS OF AMERICA - IOWA CHAPTER STATEMENTS OF CASH FLOWS

For the Years Ended September 30, 2022 and 2021

	<u>2022</u>	<u>2021</u>
Cash Flows From Operating Activities		
Change in net assets	\$ (13,399)	\$ 21,762
Adjustments to reconcile change in net assets to net cash provided (used) by operating activities:		
Depreciation	14,407	14,411
Realized (gain) loss on investments	(2,971)	(8,219)
Unrealized (gain) loss on investments	47,158	(15,918)
Investment expenses deducted from investment account	3,153	2,814
Changes in assets and liabilities		
(Increase) decrease in accounts receivable	(20,921)	9,000
(Increase) decrease in prepaid expenses	(1,782)	10,000
Increase (decrease) in accounts payable	13,422	2,635
Net cash provided (used) by operating activities	<u>39,067</u>	<u>36,485</u>
Cash Flows From Investing Activities		
Purchase of property and equipment	-	(4,375)
Purchase of investments	<u>(14,260)</u>	<u>(27,920)</u>
Net cash provided (used) by investing activities	<u>(14,260)</u>	<u>(32,295)</u>
Increase (decrease) in cash and cash equivalents	24,807	4,190
Beginning of year	<u>106,551</u>	<u>102,361</u>
End of year	<u>\$ 131,358</u>	<u>\$ 106,551</u>
Schedule of Noncash Investing and Financing Activities		
Reinvested investment earnings	\$ 4,260	\$ 2,920
Investment expenses deducted from account	\$ 3,153	\$ 2,814

IOWA PARALYZED VETERANS OF AMERICA
7025 Hickman Rd. Suite #1
Urbandale, IA 50322

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Sports

Even with the continued threat of COVID-19, we were able to hold most of our annual sporting events. The annual turkey hunt, National Veterans Wheelchair Games, the Midwest PVA Fishing Event, our seventh annual pheasant hunt and Annual Pool Tournament at the Iowa Veterans Home all went on as scheduled! The Iowa Chapter continues to sponsor bingo on the second Thursday of every month at the Community Living Center (CLC) at the Des Moines VA. This is an activity which is very fun for not only the residents but also for the volunteers.

We are in the process of planning our 2023 National PVA Trapshoot Circuit Event scheduled for June 16-18, 2023. This is the year end event on the National PVA Trapshoot Circuit! The Iowa and Minnesota Chapters have again teamed up to sponsor the fourth annual Midwest PVA Fishing Event scheduled for August 27-September 2, 2023! The chapter also purchased bocchia ball sets and ramps in the hope that we can start a bocchia ball program in 2023 if things continue to open up and allow for safe gatherings. The Iowa Chapter is also exploring the possible initiation of an air gun program. This years National Veterans Wheelchair Games will be held in Portland, OR July 4-9, 2023.

Articles of Incorporation

Our Articles of Incorporation and By-Laws accurately reflect the mission of Paralyzed Veterans of America - Iowa Chapter and its relationship to the National Organization, Paralyzed Veterans of America. Our Chapter has By-Laws that are in compliance with State and Federal Laws. A copy of these By-Laws, revised in March of 2016, can be obtained by contacting the Iowa PVA office and are available on our website, iowapva.org. Our Articles of Incorporation were also updated and filed in March of 2016 and are also located at our office and on our website.

Chapter Communications and Activities

The Iowa Chapter is entering its 35th year of service. The Iowa Chapter sponsors caregiver support group/membership meetings on a monthly basis in Des Moines. The Board of Directors also provides gift cards to caregivers who may be struggling with difficult times and the day to day issues that make things rough. In 2022, the Board of Directors started contacting members to see if they need any assistance or information. A new member committee was also established to personally welcome new members to the chapter and offer our support.

Our Annual Dinner and Awards Banquet was held on October 10, 2021. The awards given out this year went to:

Larry Miller - Jon R. Schneider Chapter President's Award

Lori Strottman - Don Gerdorf Executive Director's Service Award

Buck Bartling - Alfred H. Blumanhourst Volunteer Appreciation Award

The Iowa Chapter webpage will continue to contain all pertinent information in 2023. Facebook will continue to play a large part in our communication system.